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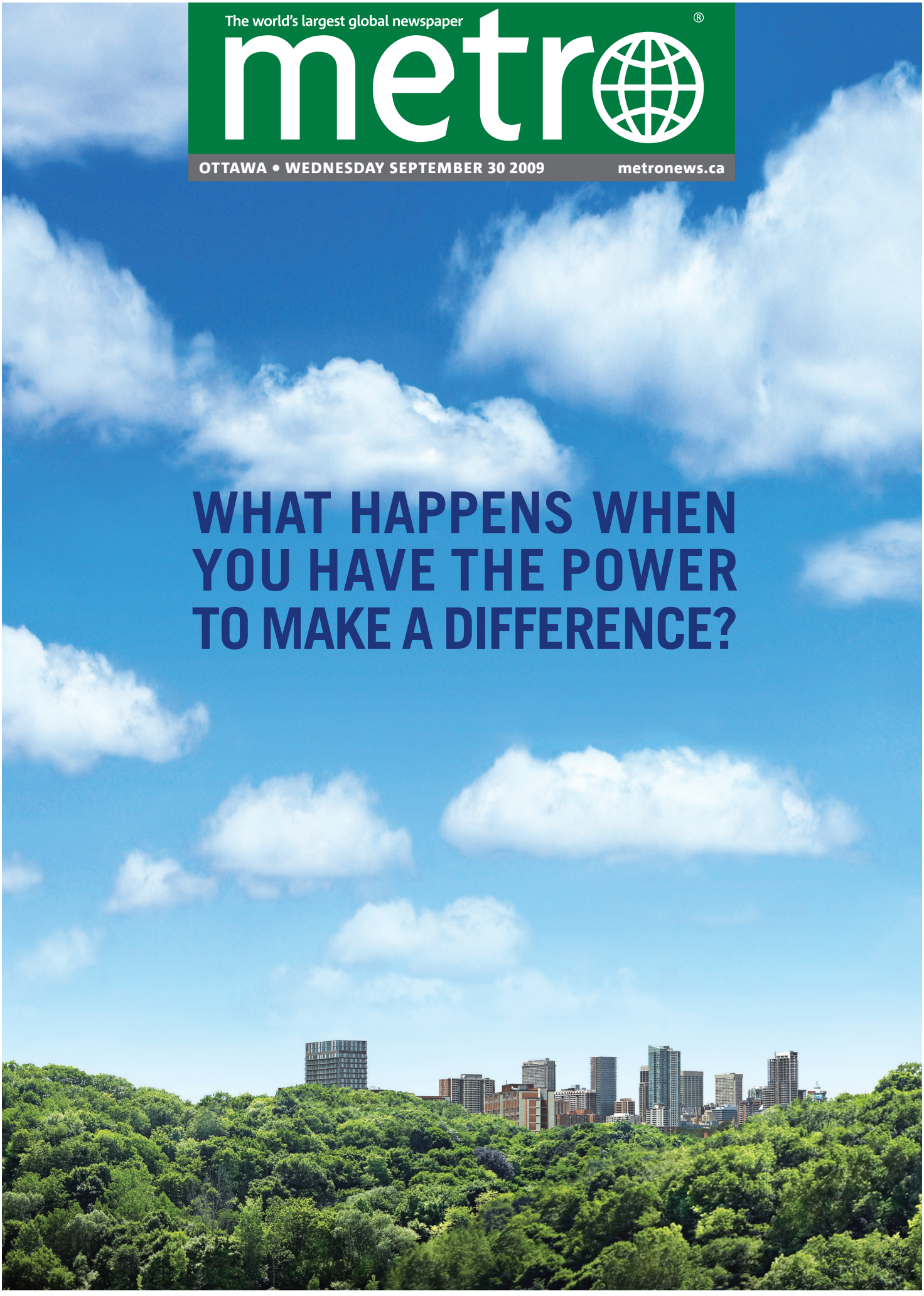

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CITY SPARED WORST OF TOURISM SLIDE, PG 3

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Comment pg 9

'Pianist' director must face the music

Workology

Leave your pipes to the pros

pg 12

At least 246 in Philippines killed in flood

KETSANA Flood victims trudged through ankle-deep sludge to crowded relief centres in the Philippines yesterday, as the death toll rose to 246 from water that inundated the homes of nearly two million people.

Tropical Storm Ketsana brought the worst flooding to the Southeast Asian country in four decades, chasing some victims to their rooftops to escape the rising water and sweeping others down raging rivers.

The storm struck Saturday in Manila, one of the world's largest cities with about 12 million people, and dumped more than a month's worth of rain in just 12 hours. Flooding was worst around the Pasig River that cuts through the capital.

The presidential palace was opened as a relief centre, and President Gloria Macapagal Arroyo's executive chef cooked gourmet food for victims at another shelter. THE ASSOCIATED PRESS

News on the Move

What's this barcode for?

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Canada pg 4

Tories size up Liberal woes

On the web

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Raptors **Training day**

SEAN KILPATRICK/THE CANADIAN PRESS

Toronto Raptors power forward Chris Bosh takes a shot during the Raptors' first day of training camp in Ottawa yesterday. Story, page 11.

Ontario suing Big Tobacco

Province seeks $50B to cover smoking-related health bills

Ontario has become the latest jurisdiction to take aim at Big Tobacco's wallet, launching a lawsuit to recover smoking-related health costs from a beleaguered industry that denounced the action as hypocritical.

The suit, which seeks a jaw-dropping $50 billion from a dozen Canadian firms and their parent companies, follows enabling legislation the province passed earlier this year to the delight of anti-smoking groups.

"That is our view of the costs of health-care related illnesses directly tied to tobacco from 1955 until now," Attorney General Chris Bentley said of the damages claim.

"We believe that taxpayers should be compensated for the costs that they have paid."

The claim follows similar actions in British Columbia and New Brunswick, as well as in the United States and abroad. Among those named in the suit is Canada's largest tobacco manufacturer, Imperial Tobacco Co., a wholly owned unit of British American Tobacco of London that sells cigarettes under such well-known brands as du Maurier and Player's.

> **"They're collecting billions of dollars in taxes, and right now they are turning and suing the tobacco companies."**
> Eric Gagnon, Imperial

Imperial spokesman Eric Gagnon said the suit came as no surprise given the legislation, but suggested the Ontario government was being hypocritical.

"They're collecting billions of dollars in taxes, and right now they are turning and suing the tobacco companies," Gagnon said from Montreal.

Tobacco companies in Canada operate under increasingly stringent legislation that includes, for example, restrictions on the sale of cigarettes to minors, how products can be displayed in stores and bans on advertising.

The government also regulates other products, such as alcohol and casinos, which can pose significant health and safety risks, Gagnon noted.

THE CANADIAN PRESS

Breast cancer survivor urges caution

TRACEY TONG
tracey.tong@metronews.ca

If you had asked Jamie Johnston Masson two years ago, she would have said she was an unlikely breast cancer patient.

Then 31, the Stittsville mother ate well, exercised and didn't drink or smoke. When she found a lump during a routine breast check and was told by doctors it was nothing, she believed it.

Last December, she saw a doctor about an itchy patch of skin, followed by a lump in her armpit. A visit with a breast surgeon and several tests later, she learned she had Stage II breast cancer in March.

> **"You're not too young to get breast cancer."**
> Jamie Johnston Masson

"The only thing I thought about were my kids," said Johnston Masson, who underwent a mastectomy. Now finished chemotherapy, she has two messages for women.

"You're not too young to get breast cancer," she said. "And you have to be your own advocate."

This Sunday, the 33-year-old is leading the Mommy Army, a team of 31 in the CIBC Run for the Cure at LeBreton Flats. The women will be among 10,000 participants expected to earn $1.5 million for research, said Rachel Tweedy, area co-run director.

One in nine women will be diagnosed with breast cancer in her lifetime, Tweedy said. "Everyone knows someone who has been touched by it."

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Local

Dancer call for Group of Seven Nutcracker

Young Ottawa dancers are invited to audition for Ballet Jörgen Canada's 2009-2010 winter tour of the Group of Seven Nutcracker. This Saturday, from 1 to 4 p.m., local dancers aged 8 to 18 are invited to attend an open audition at the Nepean Creative Arts Centre, where they will have a chance to earn a role in the Ottawa performances of the show. Local roles are for chipmunks, squirrels, dragonflies, beavers, deer, frogs, sock bunnies and bear cubs. To register, email outreach@balletjorgen.ca. METRO OTTAWA

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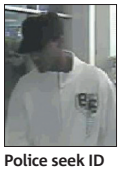
Man sought after pharmacy robbery

THEFT Police are asking for the public's help in identifying a man after an east-end pharmacy was robbed last week.



Police seek ID

At around 7:45 p.m. on Friday, a lone male entered a Shoppers Drug Mart in the 2300 block of Ogilvie Road. A note demanding prescription drugs was produced and an undisclosed quantity taken.

Police now seek a black male, about 20-25 years old and six feet to six feet, two inches tall. He was wearing a white jacket, blue jeans, and a black baseball cap.

Call the robbery unit at 613-236-1222, ext. 5116 or Crime Stoppers at 613-233-8477 (TIPS).

TRACEY TONG/METRO OTTAWA

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What's online today.

Your Money Allan Small on why the strong loonie is a threat to Canada's economic recovery at **metronews.ca/investing**

Lotteries

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Campaign **Make Forests Count**

TRACEY TONG/METRO OTTAWA

Anthony Wong, a.k.a. CPAWS mascot Bou the Caribou, gets support from Ottawa's Andrew Krause at the Make Forests Count campaign launch. The Canadian Parks and Wilderness Society aims to give the Canadian government thousands of signatures before December's UN Climate Change Summit in Copenhagen.

Tourism slide continues

Factors insulate Ottawa: Official

TRACEY TONG
tracey.tong@metronews.ca

With a 0.8 per cent drop in the second quarter of 2009 — the fourth straight decline — tourism spending in Canada is down, Statistics Canada said yesterday.

But while the agency said spending by both Canadians and international visitors is down in the second quarter by 0.6 and 1.6 per cent respectively, Ottawa hasn't been affected as much as other Ontario cities, Ottawa Tourism said yesterday.

In July 2008, Ottawa had 69.6. per cent hotel occupancy, but a year later, the number had dropped to 67.3 per cent.

But that 2.3 per cent drop isn't as bad as what cities like Toronto and Montreal are experiencing, said director of communications Jantine Van Kregten. Ottawa is somewhat insulated because of business travellers with the federal government, she said. "Also, we're not right on the border of the U.S."

Van Kregten said because passports were needed for land-based U.S.-Canada border crossings as of June 1, some destinations have seen a decrease in travellers.

Demand

- While this was the longest downturn since the early 1990s, it was not the most severe, Statistics Canada stated. In the first six months of 2003, tourism demand fell 5.8 per cent due to the SARS episode.

The galleries, festivals and programming in the capital also help Ottawa with attracting tourists and keeping them longer, she said. "No other city in Canada has the collection of museums that we do."

Still, "there are many challenges to the tourism industry," she said.

An election would cause a decrease in tourism, Van Kregten said, and while H1N1 has people taking precautions, so far "the mood isn't one of panic."

In 2007, Ottawa had 7.5 million person visits, bringing in $1.21 billion in visitor spending.

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Lansdowne opposition rallies

CONSULTATIONS Two new initiatives from people opposed to the Lansdowne Partnership Plan have sprung up, after just one night of public consultations.

Reacting to what Capital Ward Coun. Clive Doucet called "a sales pitch for a shopping mall," the Ask Me! Campaign was launched to give people attending the public consultations a "Myth and Facts" sheet.

"The core concepts and values presented through this campaign are ideas of transparency, accountability and fairness," said Ask Me! volunteer Martin Canning. "This is an example municipally where there has been a partial failure. There needs to be a new process in place.'"

More than 100 volunteers have signed up for the campaign, said Canning.

Despite claims in the report that the partnership plan says 40 per cent of the future site will be parkland and open space, local architect Lester Johnson says that it was closer to 11 per cent.

While the large turf stone area east of the stadium is obviously an open space, Doucet said it was not one that "a normal human being would regard as green usable open space."

Westboro resident and computer programmer Kevin O'Donnell, who objects to the sole-source plan process, set up Letsgetitright.ca to help people opposed to the plan reach their city council and the mayor.

There is another open house tonight at city hall, one at the Jim Durrell Complex tomorrow, then two more on Monday and Tuesday.

TIM WIECLAWSKI/METRO OTTAWA

Mint releases 22 million quarters celebrating hockey gold

If you look closely at the skater on the new 25-cent coin issued to celebrate the men's hockey gold medal at the 2002 Olympics, it looks a lot like Michael Peca, insisted Michael Peca.

The Royal Canadian Mint released 22 million of the coins into circulation yesterday, including three million coloured coins that were to be randomly inserted into new rolls.

Peca, a member of that goal-medal winning team, was at the Jim Durrell Complex to unveil the new coin.

Of all the great Canadian Olympic moments, the men's hockey gold medal in the 2002 games was voted as the greatest in an online poll hosted by the Royal Canadian Mint. Peca said the new coin helps to put into perspective what the victory meant to the rest of the country.

TIM WIECLAWSKI/METRO OTTAWA

TIM WIECLAWSKI/METRO OTTAWA

Michael Peca holds up the new coin celebrating men's hockey gold at Salt Lake City in 2002.

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Electric carmakers seek federal help
A consortium of carmakers and experts has published a so-called road map to 2018, when they hope 500,000 electric vehicles will be buzzing along Canadian roads. THE CANADIAN PRESS

Canada

Con man nabbed at border

U.S. authorities say a con man who has made a living stealing from wealthy hotel guests around the world has been arrested in Vermont. Federal authorities say Juan Carlos Guzman-Betancourt was nabbed Sept. 21 at a gas station near the U.S.-Canadian border in Derby Line. They say that he told a U.S. Border Patrol agent his car broke down in Quebec and that he unknowingly walked across the border into Vermont. THE CANADIAN PRESS

News in brief

FLU The death of a Canadian school principal in Hong Kong has prompted the facility to issue reassurances that those attending classes at the school face no risk of an H1N1 outbreak. Alan Dick, 55, the Toronto-educated Lower School principal at the Canadian International School of Hong Kong, died in hospital Monday evening after falling ill Sept. 20.

SENTENCE A Canadian soldier who shot and killed his tentmate in Afghanistan in 2007 is facing a jail term of at least two years, a military judge said. Cmdr. Peter Lamont, who's hearing the case, postponed the sentencing against Cpl. Matthew Wilcox. THE CANADIAN PRESS

RECOVERY Police divers will plunge into the Saint Lawrence River east of Montreal yesterday to recover the remains of two people killed in a plane crash nearly 16 years ago, CBC News Online reports. METRO NEWS SERVICES

New Brunswick **Grisly testimony**

ADAM HURAS/THE CANADIAN PRESS

Rodney Miller is led from court in St. Andrew, N.B., yesterday. A New Brunswick court has been told that Miller, accused of killing a newborn in January, admitted to police he stabbed the boy through the heart and disposed of the body.

Tories eye chances in Liberal misfortune

Harper must be cautious about election: Pollster

This week's images of Prime Minister Stephen Harper riding the prow of a locomotive in Saint John, N.B., flanked by two gainfully employed rail workers, said it all about his government's current fortunes.

The Conservatives are rolling right along with their political agenda and message of economic recovery.

The opposition Liberals seem to have gone off the rails, at least for now.

The situation is tantalizing to some Conservatives, who as one party source put it are "always looking for opportunities" to elegantly orchestrate the demise of the Liberals.

Pollster Doug Anderson says his research shows that's a dangerous game.

"The greatest significance you could project from this is, if you're going to be the party that causes an election — or if you really want one to happen — you don't want to suffer the blame," said Anderson, vice-president at Harris-Decima.

"So if the government wants one to happen, they have to be very delicate in how they make it happen."

Former Harper adviser Tom Flanagan, author of the book Harper's Team: Behind the Scenes in the Conservative Rise to Power agrees that triggering an election would most likely backfire on the Conservatives.

"Good government is good politics," Flanagan argues.

At least for now, Conservative tacticians are of the same view: keeping their powder dry is the best strategy. THE CANADIAN PRESS

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Feds seek gag in prisoner inquiry

SECURITY Federal lawyers are trying to block government witnesses from testifying before a military watchdog investigating the treatment of Taliban prisoners in Afghanistan, The Canadian Press has learned.

The Justice Department has invoked national security and told the Military Police Complaints Commission, which is conducting the public interest inquiry, that subpoenaed witnesses will say nothing when hearings begin next month. It is the latest attempt by the Conservative government to shut down the investigation into claims by human rights groups that the Canadian army knowingly handed over insurgents to torture in Afghan prisons.

In a judgment released last week, the Federal Court gave the Justice Department a partial victory by limiting the scope of the inquiry to the actions of military police officers in Kandahar. Sources close to the case say federal lawyers have cited a section of the Canada Evidence Act which allows the government to keep information secret. THE CANADIAN PRESS

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Teens admit to murder plot
Two teens admitted they plotted to kill people at two Winnipeg high schools, the University of Manitoba and a church. THE CANADIAN PRESS

Liberals scrambling after Coderre quits

Federal Liberals were left grappling with the fallout yesterday from a nuclear performance by Denis Coderre, who quit his post as the party's Quebec lieutenant in spectacular fashion a day earlier.

The potential damage caused by Coderre's parting shot — his claim that the Liberal party is run by Torontonians — became obvious when the three other parties gleefully announced their plans to use the comments to bash the Liberals in the next election.

One Bloc Québécois official said there were actually "high fives" in the office when staff heard Coderre's comments. He said the message fits precisely the theme the sovereigntist party has been trying to hammer home: that Michael Ignatieff's supposed openness to Quebec is phony.

The NDP said it'll use the remarks in the campaign. And the Conservatives announced plans to make every Quebec voter hear about them.

"It's safe to assume that candidates across the province will be talking about it," said a senior Conservative operative.

"We won't hesitate to point out the fact that Quebecers carry no weight in the Liberal Party of Canada."

Coderre resigned following a clash of personalities within the party, which began with a dispute over which candidate should run in the Montreal riding of Outremont.

THE CANADIAN PRESS

PAL CHIASSON/THE CANADIAN PRESS
MP Denis Coderre announced he is stepping down as Quebec lieutenant and defence critic during a news conference Monday.

Controversial vaccine not yet in Canada

HPV The HPV vaccine given to a 14-year-old British girl hours before she died is not available yet for sale in Canada, but is going through the federal approval process.

The maker of Cervarix says it has applied to Health Canada for approval of its vaccine against cervical cancer and expects a response by early next year.

GlaxoSmithKline Canada spokeswoman Sacha Kennedy says Cervarix protects against two strains of the sexually transmitted human papillomavirus that is a major cause of cervical cancer.

Another HPV vaccine called Gardasil and made by Merck Frosst is already on the Canadian market.

Kennedy says it is not known whether Cervarix played a role in the death of Natalie Morton, who was vaccinated Monday at her school in Coventry.

THE CANADIAN PRESS

Germans offer hand on oilsands

ENVIRONMENT German researchers will try to help Alberta solve some of the pressing environmental problems posed by massive oilsands development — if governments and industry pay the bill.

The University of Alberta has signed an agreement to work with the Helmholtz Association of German Research Centres on six projects that mainly deal with the capture and storage of greenhouse gases.

Other research would look at how to manage tailings ponds, reclaim land and replace natural gas used to fuel oilsands projects with geothermal energy.

THE CANADIAN PRESS

Police find $4.3M buried

Spanish police say narcotics investigators have found $4.3 million in cash buried in a shanty town on the island of Mallorca. Police also seized heroin and cocaine. THE ASSOCIATED PRESS

World

Facebook pulls Obama assassination poll

Facebook yanked a poll this week about assassinating U.S. President Barack Obama (pictured is poster depicting Obama as the Joker from the Batman movie) after being contacted by the U.S. Secret Service. The poll was created by a third-party application and gave participants the option of responding yes, no, maybe or "if he cuts my health care." About 750 Facebook users voted on the poll before the web service disabled the entire application. THE ASSOCIATED PRESS

Deadly tsunami slams into Samoa

EARTHQUAKE Towering tsunami waves spawned by a powerful earthquake swept ashore on Samoa and American Samoa yesterday, flattening villages, killing at least 39 people and leaving dozens of workers missing at devastated National Park Service facilities.

Hampered by power and communications outages, officials struggled to assess the casualties and damage.

The quake, with a magnitude between 8.0 and 8.3, struck around dawn about 32 kilometres below the ocean floor, 190 kilometres from American Samoa, a U.S. territory that is home to 65,000 people, and 200 kilometres from Samoa. Japan issued a tsunami warning all along its eastern coast after the earthquake, warning of waves 50 centimetres tall.

THE ASSOCIATED PRESS

Protesters raped, shot dead in streets

Guinea's government said yesterday it would investigate why troops opened fire on protesters at a pro-democracy rally. A human rights group said 157 people were killed and more than 1,200 were injured.

While saying it would investigate, the government continued to maintain that the protest was illegal. It also said far fewer people died than reported. Hospitals were flooded with patients yesterday, and the death toll rose through the day.

Presidential guard troops fired on 50,000 people at the main football stadium Monday, shattering hopes that this West African country was shedding the yoke of dictatorship.

Some of those at the rally, upset that a military officer who seized power in a December coup might run for president in January elections, had chanted: "We want true democracy."

Capt. Moussa (Dadis) Camara's presidential guard opened fire, scattering panicked demonstrators, who left behind scores of dead. Opposition politician Mutarr Diallo said he witnessed soldiers raping women with rifle butts.

Eyewitnesses told New York-based Human Rights Watch that security forces stripped female protesters and raped them in the streets.

The rights group, citing eyewitness reports, said soldiers also stabbed protesters Monday with knives and bayonets.

Hardly anyone had heard of Camara, an army captain in his 40s, until his men broke down the glass doors of the state TV station Dec. 23.

He announced that the constitution had been dissolved and that the country was under the rule of a military junta.

THE ASSOCIATED PRESS

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Kashmir **Heated protests**

MUKHTAR KHAN/THE ASSOCIATED PRESS

Kashmiris shout slogans against the government during a protest in Srinagar, India, yesterday. Police in Indian Kashmir fired tear gas shells and used coloured water cannons to disperse protesters demanding release of their salaries withheld for many months in the region, officials said.

News in brief

NUCLEAR Iran's nuclear chief said yesterday his country built its newly revealed uranium enrichment facility inside a mountain next to a military site to ensure continuity of its nuclear activities in case of an attack — an unusually detailed disclosure that may be intended to defuse international pressure. Details about the site have raised more suspicion that Iran's nuclear program is aimed at producing weapons. THE ASSOCIATED PRESS

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the Bay OPTICAL

Likely German cabinet minister openly gay
Guido Westerwelle, the probable future German foreign minister in Angela Merkel's new government, is making no secret that he is gay, appearing in a major newspaper hugging his partner yesterday. THE ASSOCIATED PRESS

General pleads for solution

The general who oversaw the ouster of President Manuel Zelaya implored all sectors of Honduran society to join in resolving the country's deepening crisis yesterday, a message that seemed aimed at calming an uproar over a government order suspending civil liberties.

Gen. Romeo Vasquez's comments came hours after interim President Roberto Micheletti said he would accept congressional calls for him to reverse the emergency decree suspending civil liberties that he had announced on Sunday.

But little had changed yesterday. Two critical broadcasters remained shuttered and police faced off with about 500 demonstrators who sat in the middle of a street after officers blocked them from marching.

Micheletti also said he would allow an Organization of American States team whose arrival was blocked this weekend.

The OAS hopes to persuade the coup leaders to bow to international demands they reinstate Zelaya, who was arrested and expelled from the country on June 28.

Conservatives expressed fear that Sunday's decree would endanger the Nov. 29 election. THE ASSOCIATED PRESS

Brazil **Olympic dreams**

SIVLIA IZQUIERDO/THE ASSOCIATED PRESS

A woman rides her bike by a clock showing the number of people who want the 2016 Olympics to be held in Rio de Janeiro yesterday.

Key H1N1 flu mutation found

HEALTH Dutch scientists are reporting they have found a key mutation in several H1N1 flu viruses from the Netherlands, a mutation that in other flu viruses increases virulence.

But they say the mutation doesn't appear to cause more severe disease with the novel H1N1 virus.

The two people from whom the mutated viruses were isolated had standard cases of influenza A and when the mutated virus was tested in ferrets it didn't produce more severe disease. The finding is being reported through the online infectious disease alert system ProMed.

THE CANADIAN PRESS

News in brief

IRAQ The top American general in Iraq is sending home thousands more U.S. troops by the end of October as the American military pulls back from the six-year war. Gen. Ray Odierno says in prepared congressional testimony that the number of U.S. soldiers in Iraq will total about 120,000 over the next month. He said that will mean about 4,000 fewer troops than are in Iraq now. Despite cautious optimism, Odierno's outlook of the nation he called an enduring U.S. interest was far from rosy.

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29 dead, 22 missing after boats capsize in India
Two boats capsized in India during a major Hindu festival, killing at least 29 people and leaving 22 missing, police said yesterday. THE ASSOCIATED PRESS

Nero's dining room discovered in Rome

Archaeologists say they have unveiled what they believe to be remains of the "dining room" of the Roman emperor Nero, part of his palatial residence built in the first century.

Lead archaeologist Francoise Villedieu says her team discovered part of a circular room, which experts believe rotated day and night to imitate the Earth's movement and impress guests.

Villedieu told journalists yesterday that the room on the ancient Palatine Hill was supported by a pillar with a diameter of four metres (more than 13 feet). She says only the foundation of the room was recovered during the four-month excavation.

The Golden Palace, also known by its Latin name Domus Aurea, rose over the ruins of a fire that destroyed much of Rome in 64 A.D. and was completed in 68 A.D.

THE ASSOCIATED PRESS

DOMENICO STINELLIS/THE ASSOCIATED PRESS

An unidentified man looks down in a recently unearthed brick structure incorporating a pillar four metres in diameter, seen in the background, discovered during maintenance works in the Roman Forum in Rome yesterday.

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Comment

Time to face the music

TheWestView

Paul Sullivan

metronews.ca/thewestview

Roman Polanski, director of Oscar-winning movies such as Chinatown and most recently The Pianist, has led the creepiest life.

He escaped the Holocaust, but not before serving as target practice for a squad of Nazis. Then he became a celebrated movie director, marrying beautiful starlet Sharon Tate. Then came the notorious Manson family attack in which pregnant Sharon was brutally and senselessly murdered. Obviously stricken by grief, Polanski had illegal sex with a 13-year-old girl, was arrested, fled the U.S., and spent the next 30 years on the lam. Finally, this week, lured into a sense of false security, he was captured after landing in Zurich to receive a lifetime filmmaking achievement award.

Someone should make a movie about this man's life.

We could call it Repulsion II. I'm still suffering nightmares from Repulsion I, which I saw at an impressionable age. Catherine Deneuve plays a woman whose fear of men leads to a psychotic breakdown and she slides over the edge into brutal murder. We are left to wonder what traumatic episode in her early life led her to fear men so.

Cut to the mid-'70s when Polanski himself, already a dirty old 43, plied 13-year-old Samantha Gailey with Quaaludes ('70s designer downers) and champagne and had sex with her, no doubt contributing to her fear of men.

Overnight, Polanski went from being the toast of Hollywood to toast. Rather than spend the rest of his weird life in jail, he repaired to France, where he remains a hero, along with Jerry Lewis and Mickey Rourke. Ah, the French.

But he wasn't counting on his Javert, Los Angeles District Attorney Steve Cooley, who waited in the weeds to bag his prey. Now it's an international incident.

Roman Polanski

The argument is the '70s were a different time. The sexual revolution led to any number of wretched excesses and the victim, now in her 40s, has forgiven Polanski and is part of the movement to have him freed.

But here's what I don't understand. In this day and age when it's considered a heinous crime for dirty old men even to look at pictures of underage girls, why should we give Polanski a get-out-of-jail free card? What kind of message are we sending? That if you're talented and celebrated, there's such a thing as justifiable evil?

Haven't we learned anything in 32 years? Raping and exploiting children are crimes. It doesn't matter who you are. It's time for this to stop and it's time for Polanski to face the music, and I don't mean piano lessons. They should get that, even in France.

Paul Sullivan is a Vancouver-based journalist and owner of Sullivan Media Consulting; vancouverletters@metronews.ca.

MICHAEL DE ADDER

Letters

Lack of secure bike paths keeping cyclists off the road

Re: Councillor urges more cycling infrastructure (Sept. 23)

I just can't help telling you that both my husband and I have been so scared to ride bicycles on the streets of Ottawa since we moved here 10 years ago.

Everyone knows China uses bicycles as a mode of transportation and it is much more environmentally friendly than any other vehicle.

Even now the reason that I am not biking to work as I used to a long time ago is because there is no designated and secured biking paths in Ottawa, and the existing cycling lanes (in between bus lanes!) are just too dangerous to use.

If you have travelled to China, a developing country, you will find cyclists are much more protected on most of the roads. I wish the City of Ottawa could learn something from those infrastructures as well. And I wish the city I call home could be greener and safer.

XINYU QIAO, OTTAWA

Word on the street: Who do you think will win the Stanley Cup this season?

Derek Lamb
age 24, Ottawa

A: Ottawa's going to win. It's going to be a turnaround year. They went to the Stanley Cup finals two years ago.

Melissa Robinson
age 23, Ottawa

A: I don't know who's going to win, but I want Calgary to win. They're my favourite team.

Michael Slofstra
age 26, Ottawa

A: Definitely the Coyotes — they're going to do it for the fans.

Jessie Smith
age 18, Halifax

A: Toronto Maple Leafs — 100 per cent. I'm from Toronto. No one thinks they're going to win so I like to give them support. Every year I think it's going to be them. One of these days they'll pick it up.

Joe Del Priore
age 26, Toronto

A: St. Louis Blues ... They're a young and scrappy team ... Hard-working ... They've got a lot of heart.

Anu Powar
age 21, Abbotsford, B.C.

A: I would be too bold to say the (Vancouver) Canucks even though they are (almost) undefeated in the pre-season. So I am going to say the Detroit Red Wings.

Worth mentioning

Bone fragment was from woman, not Hitler: Scientists

A piece of skull with a bullet hole through it that Russian officials claimed belonged to Adolf Hitler actually came from a woman, scientists at the University of Connecticut concluded.

The cranium fragment is part of a collection of Hitler artifacts preserved by Soviet intelligence in the months after Hitler and Eva Braun reportedly committed suicide in a Berlin bunker in April 1945.

The collection, now housed in the Russian State Archive in Moscow, also includes bloodstained pieces of the sofa where Hitler reportedly shot himself after taking a cyanide pill. The artifacts were put on public display in 2000.

THE ASSOCIATED PRESS

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FDA delays ruling on cancer vaccine

British drugmaker GlaxoSmithKline says the Food and Drug Administration has delayed making a decision on its vaccine for cervical cancer. The FDA was scheduled announce its ruling yesterday on whether to approve Cervarix, but a company spokeswoman says the review will continue. THE ASSOCIATED PRESS

Business

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EDITOR: FERMIN.DESOUZA@METRONEWS.CA

West leads way as population rises in Q2

STATISTICS Canada's population was estimated at 33,739,900 on July 1, its 142nd birthday.

Statistics Canada says the country's population grew by 121,200, or 0.36 per cent, in the second quarter.

The agency attributes the increase mainly to net international migration, which totalled 84,800 — that's the second-highest figure for a second quarter since 1972.

StatsCan estimated the number of births at 96,200 — the largest number of second-quarter births since 1996 and 1,600 more than in the second quarter of 2008. This upward trend in births is also evident in a number of other industrialized countries.

THE CANADIAN PRESS

Going west

- All four provinces in Western Canada recorded higher demographic growth than the national average from April to June, with Alberta growing the fastest at 0.59 per cent.

Banking latest smartphone use

The growing popularity of smartphones is expected to push up the use of mobile banking, allowing consumers to check balances, transfer money and pay bills.

In Canada, mobile banking is attracting small numbers of consumers who are essentially replicating their online banking habits.

Banks including RBC and Scotiabank offer the service and both say smartphones are key to its adoption.

While the Bank of Montreal says demand for mobile banking is still in its infancy and doesn't offer it, it's watching it with interest.

"We're seeing interest in this area growing now as smartphones become the norm."
Mike Henry, Scotiabank

IDC Canada analyst Kevin Restivo said a lot of Canadians still don't have access to the web on their mobile phones and that's holding them back from trying the service.

"In the short term, it's very new to Canadians," said Restivo, who follows mobile devices and their applications.

Smartphones allow consumers to surf the Internet, access email, watch video, listen to music, play games and run applications such as stock trading platforms and airline boarding information.

In the next three to five years, mobile banking should become more popular as more consumers get smartphones and wireless network speeds increase making the experience easier, Restivo said.

Scotiabank's Mike Henry said its mobile banking service hasn't seen a high adoption rate, but noted that until recently cellphones didn't have the browser quality or speed to provide a great user experience for consumers.

"We're seeing interest in this area growing now as smartphones become the norm," said Henry, senior vice-president of sales and service. THE CANADIAN PRESS

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Business in brief

COMPETITION Industry Minister Tony Clement says automakers have agreed to allow independent garages to access the key software needed to repair newer-model cars. Clement says the voluntary agreement over what is called the right to repair will make for more competition and lower bills for consumers. The deal should be fully in place by next May, the minister says. The independent auto-repair industry says this kind of voluntary agreement can't be enforced and they would prefer to see legislation. A private-member's bill to this effect received preliminary approval in the Commons in the spring. THE CANADIAN PRESS

Consumer confidence up: Board

ECONOMY The Conference Board says consumer confidence in Canada is on the rise, increasing for the seventh straight month in September.

The monthly survey finds confidence rising in many of the key indicators, including sentiments among Canadians about their finances, job prospects and about their ability to make big purchases.

The index rose 2.5 points to 90.9 out of 100, the seventh consecutive monthly bump, something that has not happened since 2002.

As well, the percentage of consumers who said it was a good time to make a major purchase rose to the highest level in almost two years — 49.9 per cent.

The majority, 53.9 per cent, say they expect no change in their financial circumstances in the next six months.

THE CANADIAN PRESS

7 The number of months consumer confidence has been on the rise. THE CANADIAN PRESS

Winemaking Gritty spaces the new Napa

ERIC RISBERG/THE ASSOCIATED PRESS

Winemaker Shauna Rosenblum sits atop barrels and samples a glass of Rock Star Blanc at Rock Wall Wine Company in Alameda, Calif. The winery is located in a hangar that was once used to paint fighter jets at the former Alameda Naval Air Station. Cash and convenience is leading a number of wineries to head to grittier spaces, setting up shop in business parks, warehouses and even an old submarine repair facility.

Survival strategies for women

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CFL Hall of Famer Nettles dies

Ray Nettles, a member of the Canadian Football Hall of Fame, died Tuesday after a battle with cancer. He was 60. During a nine-year career, Nettles played with B.C., Toronto, Hamilton, Ottawa and Calgary. THE CANADIAN PRESS

Sports

Pennington done for season

The Miami Dolphins have made it official — quarterback Chad Pennington is out for the season. Pennington was placed on the reserve-injured list to create a roster spot for quarterback Tyler Thigpen, acquired yesterday from the Kansas City Chiefs for an undisclosed draft pick. Pennington likely faces a third operation on his right shoulder since 2005. He was hurt in a loss Sunday at San Diego that left Miami at 0-3. THE ASSOCIATED PRESS

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

Turkoglu resting after busy summer

Long playoff run, playing for Turkey leaves new Raptor feeling tired

Hedo Turkoglu even sounded tired.

One of the biggest pieces to the Raptors' roster puzzle this season sat quietly at courtside yesterday, his shoulders hunched over in a bulky black sweatshirt.

Turkoglu, acquired in a blockbuster four-team trade in the off-season, is resting through the early part of training camp after a long run through the playoffs last season with Orlando and then a busy summer spent playing for Turkey.

And by all appearances, he needs it.

"It was very busy," Turkoglu said, his voice lacking any semblance of energy. "Right now I'm just trying to manage myself and try to look for the long picture and try to be more fresh and more healthy for the long coming season. I don't want to be like this, but in the end it will be the best for the Raptors."

The Raptors acquired the 30-year-old Turkoglu from Orlando in July, a deal that not only gave Toronto some financial room to move but also a veteran player known for his versatile game.

"He's such a basketball-savvy player, he's been effective at so many different levels, but the thing that's so notable with him is he makes others on the floor with him better," said Raptors GM Bryan Colangelo. "He's got play-making skills but he's 6-10, he can handle the ball, he can play two, three, four (shooting guard, small forward, power forward)."

Turkoglu is coming off a career season that saw him lead Orlando to the NBA finals against the Los Angeles Lakers. He averaged 16.8 points, 5.3 rebounds and 4.9 assists and started in 77 regular-season games.

He shone in the post-season, scoring a career playoff-high 29 points against Cleveland.

He followed up the NBA season by playing for Turkey in the recent European championships.

Now, he could just use some rest.

"There's no point beating him down in October here, after the summer that he had and the last four months that he's played, all the way back to June, pretty intense basketball," said Raptors coach Jay Triano.

"We're just going to ease him back in and make sure we don't wear him down."

Turkoglu also has nagging knee pain from what Colangelo said was quadriceps tendinitis, and so will spend much of camp in the physio room. He's in good company. Team captain Chris Bosh isn't practising after straining his hamstring earlier this month in Dallas.

"I'm going to be looking at Hedo a lot for the next week, and he gets to check out my handsome face all day so I know he can't complain," Bosh said, laughing.

The Raptors all-star forward helped lure Turkoglu to Toronto, calling the nine-year NBA veteran when Turkoglu appeared poised to sign with the Portland Trailblazers.

THE CANADIAN PRESS

Triano bans phone use

- Raptors coach Jay Triano has banned the use of smartphones and laptops during practice this season. A user can discreetly read an incoming message, but must leave the gym to respond. That includes reporters, who only are allowed to see a portion of practice as it is.

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Alfredsson now dean of NHL captains

HOCKEY Pity Adam Foote. Even though the veteran defenceman has accomplished just about everything imaginable during his NHL career, a small cloth letter has given him some seriously big skates to fill this season.

Foote is now the captain of the Colorado Avalanche, replacing the retired Joe Sakic — the only other man ever to wear the 'C' in Denver. In fact, Sakic had filled the role since 1992, when the franchise still called Quebec's Le Colisee home.

Burnaby Joe twice accepted the Stanley Cup from NHL commissioner Gary Bettman on behalf of the Avalanche and even captained Team Canada at the 2006 Olympics.

No pressure following him, right?

"I've been with this franchise for the majority of my career and I know what the standards are here," Foote said after stepping into the role. "I look forward to the challenge of leading this team."

Sakic's retirement leaves Daniel Alfredsson as the NHL's longest-serving leader. The Swede took over the Ottawa Senators captaincy from Alexei Yashin back in 1999 and has been the cornerstone of the franchise ever since.

Among the 25 current captains, there are 17 Canadians, four Americans, two Swedes, a Russian and a Slovak.

THE CANADIAN PRESS

Anticipation high for game between Packers, Vikings

NFL For the Minnesota Vikings, a Monday night matchup against the Green Bay Packers is about as big as a regular season game gets.

"All you've got to do around here is say Packer week, and everybody gets excited," cornerback Antoine Winfield said.

When they're playing for first place in the NFC North at the quarter mark on the schedule, well, the intensity will only increase.

When Brett Favre happens to be the Vikings' new quarterback, the public interest in this rivalry is on the verge of explosion.

"I have no idea what you're talking about. It's just a regular game to me," linebacker Ben Leber said.

He kept his straight face for, oh, a few seconds.

"This is probably the most anticipated game I think, for a regular season game, that I've ever been a part of," Leber said.

Winfield claimed he heard ABC was considering postponing the popular Dancing with the Stars show this Monday to avoid losing too many viewers to partner network ESPN.

"Everyone will be watching the Monday night game," Winfield said.

This is NFL-style hype at its highest form.

Favre won't be available for comment until tomorrow, but after Sunday's comeback victory over San Francisco he was already looking ahead to Green Bay's arrival.

"It'll be a big game for a lot of reasons," he said. "They are a good football team. We're going to have to play better than we did today to win it — to win any games." THE ASSOCIATED PRESS

> **"This is probably the most anticipated game I think, for a regular season game, that I've ever been a part of."**
> Ben Leber

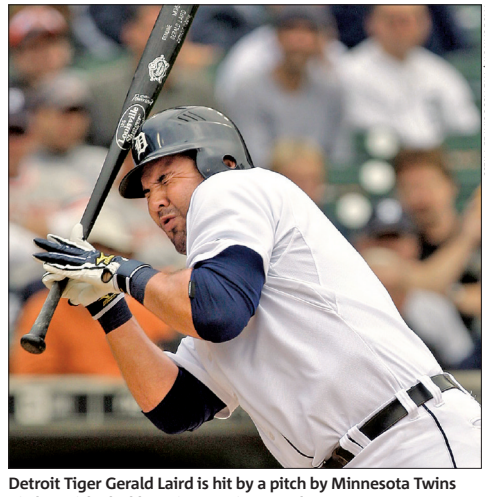
AL Central race heats up

BASEBALL The AL Central race got even wilder.

Orlando Cabrera hit a go-ahead single in the 10th inning after a pair of wild pitches and the Minnesota Twins closed within one game of first-place Detroit, beating the Tigers 3-2 yesterday in the opener of a day-night doubleheader.

The Tigers won the second game 6-5, to move two ahead of the Twins, who trailed Detroit by seven games only two weeks ago.

Minnesota clinched the season series 10-6 against Detroit, meaning a division tiebreaker would be at the Metrodome. Because Brett Favre and the Vikings host Green Bay Monday night at the stadium, a baseball playoff would likely be pushed back until Tuesday.



PAUL SANCYA/THE ASSOCIATED PRESS

Detroit Tiger Gerald Laird is hit by a pitch by Minnesota Twins pitcher Nick Blackburn in Detroit yesterday.

A rainout Monday night delayed the start of this four-game series and forced a doubleheader. Each team has six games left. THE ASSOCIATED PRESS

Crosby expects to play Friday

NHL Pittsburgh Penguins captain Sidney Crosby has practised for the first time since injuring his groin during a pre-season game Thursday in Columbus.

Crosby took part in the Penguins' practice yesterday and expects to play in the season opener Friday against New York Rangers.

The Penguins will raise their Stanley Cup championship banner at Mellon Arena that night.

Crosby skated Saturday and Sunday, but did not play in the Penguins' final exhibition game Sunday in Detroit. THE ASSOCIATED PRESS

Metro Workology exclusive: Skilled Trades

For the month of September, Metro's Workology section will be focusing on the extremely lucrative and soon to be booming employment sector of skilled trades. So be sure to read Workology and Metronews.ca/work every day.

Workology

International influx

Centennial College, in Toronto, reports that foreign student enrolment for the fall semester has risen more than 40 per cent over last year. Domestic student enrolment is up by 13 per cent. Full-time student enrolment at the college has increased by 16 per cent this fall, over double the Ontario average. METRO NEWS SERVICES

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ELECTRICIAN

You may have seen electrician Sandy Ragno and his talented team on the hit show Holmes on Homes but most of the time, good electrical work goes relatively unseen.

Ragno, 51, runs Solo Electric Ltd. in Toronto and has had to use his skills to correct a lion's share of shoddy, dangerous electrical work. He got into the electrical trade after realizing sitting in a classroom wasn't his thing.

"My first move was to try university but I didn't care for it much because I'm a hands-on kind of guy," Ragno said.

Instead, he did an electrician's apprenticeship at Humber College in Toronto and started his own business at the age of 22, employing licensed help before he himself had even gotten licensed.

While plenty of young people are entering the field, Ragno says the work isn't cut out for everyone as being a good electrician is as much about creative problem-solving as it is about technical skills.

"You have to be mechanically inclined — you have to be able to look at things and know how they work to diagnose problems. We can train almost anybody at it but once you get into a little troubleshooting, that's when minds go blank," Ragno said.

PLUMBER

Bill Reid, 60, owns and operates Reid Brothers Plumbing and Heating Ltd. in Vancouver and has built a career doing something he never originally thought he'd do as a job.

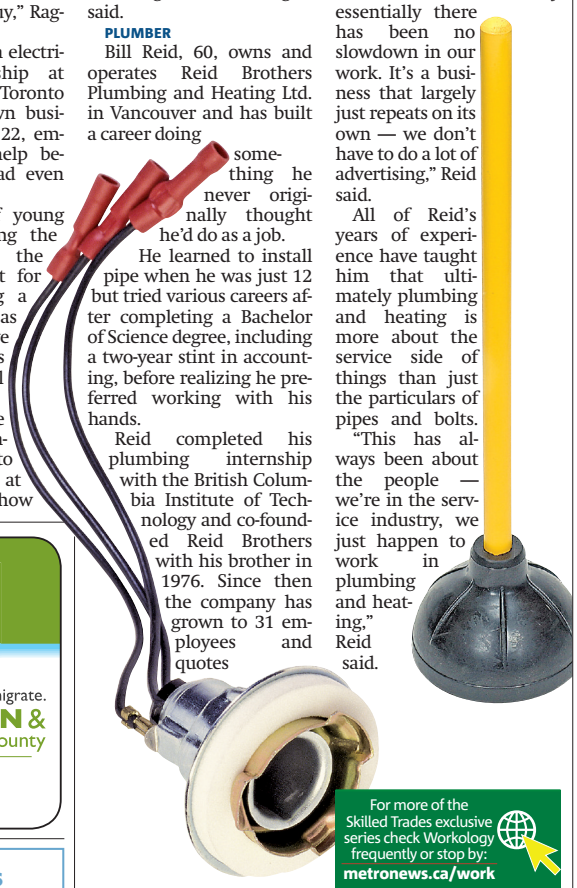
He learned to install pipe when he was just 12 but tried various careers after completing a Bachelor of Science degree, including a two-year stint in accounting, before realizing he preferred working with his hands.

Reid completed his plumbing internship with the British Columbia Institute of Technology and co-founded Reid Brothers with his brother in 1976. Since then the company has grown to 31 employees and quotes more than 60 jobs each month, an example of the strength of the plumbing and heating service industry in general.

"From 2002 until today essentially there has been no slowdown in our work. It's a business that largely just repeats on its own — we don't have to do a lot of advertising," Reid said.

All of Reid's years of experience have taught him that ultimately plumbing and heating is more about the service side of things than just the particulars of pipes and bolts.

"This has always been about the people — we're in the service industry, we just happen to work in plumbing and heating," Reid said.



For more of the Skilled Trades exclusive series check Workology frequently or stop by: **metronews.ca/work**

Entrepreneurs vie for cash in the Den

Dragons' **Den**

Dianne Buckner

metronews.ca/dragonsden

It takes guts to appear on a reality show. Just like it takes guts to try and get a job — or keep a job — in today's helter-skelter economy.

You can see what I mean on tonight's season premiere of Dragons' Den, the program I host on CBC. If you've never seen it, the premise is simple: Eager, cash-hungry entrepreneurs pitch for an investment from a panel of wealthy Canadian business moguls.

These "pitchers" as we call them, are trying to win a deal, not a job, but the process is similar. They have to make a good first impression, offer something valuable, describe it in an enticing way and answer a series of tough questions — all the while attempting to appear calm and confident. Not easy, especially when television cameras surround them while they face down five sharp-minded operators (or if you really need that job or promotion).

It's fascinating to watch how people react under pressure — some literally sweat buckets while others are so slick and composed, it's amazing.

In the Den, it's fairly easy to see who came prepared, and who did not. Some pitchers have their numbers down cold — they can tell the Dragons the size of the market, the number of big competitors and their profit margins. Others are all flash — a glitzy demo that does not offer much in the way of business savvy.

I'm sure potential employers see the same thing. I know I did when I was hiring for programs in the past. Some applicants do their research — they know what Job No. 1 is for your organization and have thought hard about how to show that their qualities match the job requirements.

Today's economic climate is no place to wing it. Employers are pickier than ever. Bad hires are expensive and no one wants to pay for hiring mistakes.

You may learn something from the wide variety of pitching styles on tonight's episode — some good, some bad, some ugly. Questions from the Dragons include some about crabs in the nether region and the appeal of an eco-friendly approach to wiping in the bathroom. There are plenty of intriguing new business ideas too — Canada is bursting with creativity.

And when entrepreneurs manage to convince these well-connected business titans to invest — they could soon be hiring, creating more jobs. And that, too, takes guts.

Dianne Buckner is the host of Dragons' Den. Tonight's episode airs at 8 p.m. on CBC. Follow Dianne on Twitter @DianneBuckner.

Workology in **brief**

SINKING SALARIES A recent salary increase survey conducted by global human resources consulting and outsourcing company Hewitt Associates, reveals that almost one-third, or 29 per cent of Canadian employers froze salaries in 2009 — the largest percentage in a decade. As for 2010, employers from across Canada indicated a feeling of guarded optimism with respect to salary increases for the coming year. The average salary increase for 2010 is expected to be 2.8 per cent, while 6.5 per cent of the 387 Canadian organizations plan to continue freezing salaries.

HEATHER BUCHAN

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SPECIAL FOCUS ON:
Used Cars

Metro Drive

2010 CR-V priced

Honda has announced the redesigned 2010 CR-V, which is now on sale at a starting price of $27,790, unchanged from 2009 pricing. The CR-V's 2.4-litre four-cylinder engine now puts out 180 horsepower but with improved fuel economy ratings. CANADIANDRIVER.COM

EDITOR: KUMAR SAHA, KUMAR.SAHA@METRONEWS.CA

XC60 a sweet little machine

Volvo crossover perfect blend of style and safety

JIL MCINTOSH
for Metro Canada

An all-new model for 2010, the Volvo XC60 is just about everything you could want in a crossover-style vehicle: Comfort, performance, relative practicality and gorgeous styling in a tight little package.

Currently, the XC60 comes strictly with a turbocharged 3.0-litre inline six-cylinder "T6" engine, producing 281 horsepower, and with all-wheel drive, starting at $45,495.

That will eventually change, though; Volvo will add a 235-horsepower, non-turbo six-cylinder that will come in front-wheel-drive for $39,995, or in all-wheel, with several other upgrades, for $44,495. The T6 model will then increase to $49,995, but will also have several other top-of-the-line features added to it. As with all Volvo models, options can very quickly push those prices considerably higher.

The XC60 is based on a shortened version of the platform used in the S80 sedan, which also makes it a cousin to the Volvo V70 and XC70.

The turbocharged engine is smooth and powerful, but it is thirsty, returning only 12.4 L/100 km (23 mpg) in everyday driving for me. By published figures, the BMW X3, Acura RDX, Mercedes-Benz GLK and Volkswagen Tiguan all do better. The upcoming non-turbo model should improve on that; in the meantime, the T6's appetite is partially offset by its only needing 87-octane fuel.

Volvo chose the XC60 to debut its new City Safety, which is offered as standard equipment. The company says that 75 per cent of all collisions occur at speeds below 30 km/h, mostly caused by drivers not paying attention in parking lots or stop-and-go traffic. City Safety, which can be shut off if not wanted, uses a laser to measure the distance to the vehicle in front. Active at speeds of between 4 and 30 km/h, the system first pre-charges the brakes, reduces the throttle, and illuminates the brake lights. If the driver is still oblivious, the system jams on the brakes and brings the car to a stop — quite late in the travel, and with jarring force that'll "learn ya" for next time. Be aware, though, that the system can only detect wide objects such as other vehicles; it's still up to you to avoid knocking over pedestrians.

The XC60 is gorgeous inside, with heated leather seats, soft-touch plastics, wood trim, metallic accents, and an optional cargo system that lifts up and contains hooks to hold grocery bags, or pulls up to reveal divided cubbies.

Both the rear seats and the front passenger seat fold for extra cargo capacity. Gorgeous, fun-to-drive and all-day comfortable, this is one sweet little machine.

2010 Volvo XC60

Type: CUV
Price: from $45,495
Engine: Turbocharged 3.0-litre inline six-cylinder "T6" engine
HP: 281

Highlights

- Comfortable and stylish
- City Safety — collision prevention technology

The Volvo XC60 is based on a shortened version of the platform used in the S80 sedan, which also makes it a cousin to the Volvo V70 and XC70.

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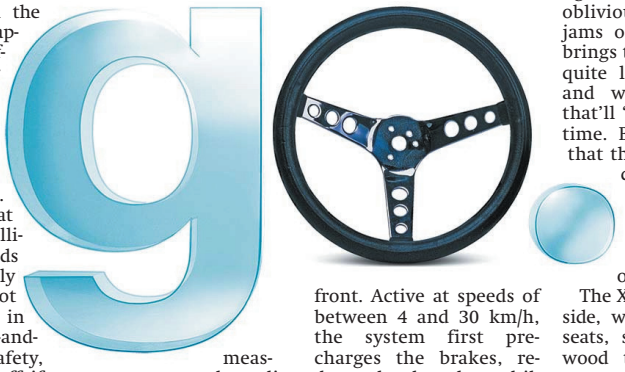


Ford F-150 a well-loved pickup

Second Gear

JUSTIN PRITCHARD
for Metro Canada

MODEL: 2004 to 2008 Ford F-150
VEHICLE TYPE: Pickup
APPROXIMATE PRICE RANGE: $10,000 to $30,000

HISTORY/DESCRIPTION: In 2004, Ford began selling what it called the most advanced pickup on the road. This generation F-150 got an all-new body and frame, as well as many new technologies and features. Shoppers and the media took to it right away, and the eleventh-generation F-150 went on to become a celebrated sales success.

Up to 300 horsepower was on tap, thanks to an available 5.4 litre V8 engine. A smaller 4.6 litre V8 developed up to 248 ponies, and a 4.2 litre V6 started the powertrain range with 231.

This entry engine could be mated to a five-speed manual — but the four-speed automatic will be the most common transmission.

If you're looking for a used pickup, chances are there's an F-150 that's just right for you. Special models like the King Ranch and Harley Davidson editions added extra flare, luxury and exclusivity — and shoppers can look for a multitude of cab and bed configurations to suit their lifestyle.

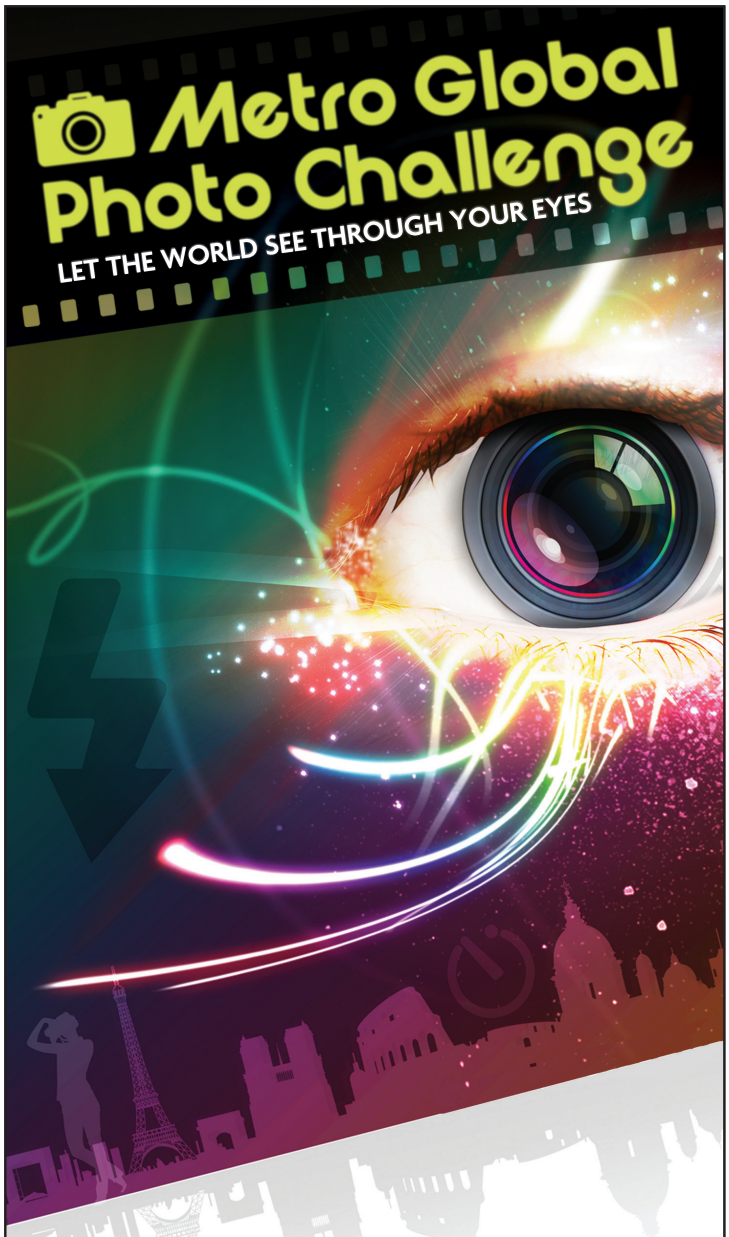
WHAT OWNERS LIKE: Owners typically love the feeling of safe, confident sturdiness built into their trucks. Most appreciate the ride quality, steering and handling, too. Large payload and towing capacities were a hit with those who worked their trucks, while the premium cabin amenities were praised by folks using the F-150 for family duty.

WHAT OWNERS HATE: As it tends to go in the pick-up truck world, most drivers wish for better fuel mileage. In the case of the F-150, meager performance was another common complaint — even with the larger V8 engine on board.

COMMON ISSUES: Earlier F-150 models in this generation were known for faulty window regulators. Be sure all windows operate quickly and smoothly without questionable sounds. A broken window regulator will cause the glass to slide down into the door, resulting in numerous headaches and an expensive repair bill. Check the condition of the braking system, as many owners report "premature" wear of pads and rotors. A look underneath for leaks, dents or excessive rust is advised too. If crawling around beneath a vehicle isn't your forte, have the vehicle checked over by a mechanic to be safe.

THE VERDICT: A mechanical inspection is advisable on any used pickup.

Ford F-150



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Overall increase in dependability makes for more worry-free used-car purchases, Michael Goetz says.

277 is new 170

Longer-lasting cars propel used market

AutoPilot

Michael Goetz

metronews.ca/autopilot

I've always known them as "used" cars. But some outfits have been calling them "pre-owned" or even "previously enjoyed."

I don't think the terms are synonymous. Just this morning, I heard a family member say, "Who just pre-owned all the toothpaste?"

It didn't sound right, and no, it wasn't me.

Obviously such re-branding is an attempt to deflect some of the negative connotations that have traditionally surrounded the used car, and the used car world.

And who hasn't heard a used-car horror story or two? Or even been the central protagonist on occasion?

The horror has, and can, arise from the car itself and/or from the deal. The used car world has always been attractive to unsavoury characters. Even when used car lots were beyond reproach, they never seemed to put you at ease

Too many flags maybe, or blow-up gorillas, or questionable calendar choices in those trailers they used as offices.

At any rate, that is so behind us now. If fact, in a recent report, the Canadian auto industry analyst, Dennis DesRosiers, notes that a new paradigm is forming in the used vehicle market:

> **"With higher quality products, consumers are no longer buying someone else's problems."**
> Auto industry analyst Dennis DesRosiers

"With higher quality products, consumers are no longer buying someone else's problems. Used vehicles are an important and growing part of the overall market for light vehicles, with both new vehicle dealers and independent sellers approaching this sector with greater sophistication than ever before."

He also adds that as governments continue to throw on more and more regulations and effectively shape what the automakers can produce, consumers may only find the vehicles they truly desire, on the used car side.

The sophistication he referred to includes nice, big used car dealerships and/or departments, and their increasing ability to offer financing from the major banks, as well as third-party warranties.

He says used-vehicle quality can be measured simply by how many klicks these modern-era vehicles can pile on before they head to the afterlife.

"In the 1970s the useful life of a vehicle averaged in the range of 170,000 kms… This decade (2000-2009) has witnessed the expected useful life of a vehicle increase to 277,000 kms… As we enter the 2010s, our lifetime mileage forecasts pegs average Canadian vehicles with a service life of roughly 320,000 kms."

Canada went metric at the start of 1970s, about a decade before we started to see those big gains in vehicle quality and longevity. In those decades, when we were still mpg and mph, the line of death for a vehicle was definitely 100,000 miles.

Once over that line, the value of the vehicle would fall off a cliff, and potential buyers would tend to be restricted to a thin and suspect lot, comprised of those with strong stomachs or severe financial constraints or fetishes for that particular model.

Today, the voodoo death line seems to be at 200,000 kms. Its obvious why that line scares people — it's a nice round number with lots of zeros.

But considering what happening, to vehicle longevity and the acceptance of the used or "pre-owned" car in our society, that voodoo line is definitely going northward, and soon.

Michael Goetz has been writing about cars and editing automotive publications for over 20 years. He lives in Toronto with his family and a neglected 1967 Jaguar E-type.

SPECIAL FOCUS ON:
Used Cars

Certified cars bring peace of mind

MARK ATKINSON
for Metro Canada

One option when choosing a used vehicle is whether or not to consider a car from a manufacturer's certified used vehicle program.

The pros and cons are fairly straightforward: generally, a manufacturer will do multi-point inspections, offer additional warrantees beyond the original, bring the vehicle up to near-new condition and more.

Some offer 24-hour roadside assistance, and others allow you to exchange within 30 days if you're unhappy with your purchase. However, the prices are usually higher than those you might find at a traditional used-car dealer or through private sale.

"Basically the car is like new, only three years old and half the price," said Crystal Tost, a real-estate agent from Calgary. "I bought a 2006 BMW 530xi a year ago from Calgary BMW. I bought it because the car was reconditioned like new, such as tires, brakes, etc."

Tost added that the dealer repainted the car's hood to fix some stone chips, and filled holes in the bumper where an out-of-province front plate had been mounted. "The car as a whole has to live up to certain standards that you just don't find on the resale market by a private owner."

Tost said the car's price was similar to other non-certified models. "Maybe a bit more, but worth it in the end. My car retailed at over $90,000 and I bought it for $44,000 with only 29,000 km. I would buy another one in a heartbeat!"

Some buyers prefer the ease of buying a certified used vehicle because it takes a good chunk of the effort and research out of the mix.

"The Toyota Certified Used Vehicle program raises the bar on what customers expect from a pre-owned vehicle," said Warren Orton, director of Toyota Canada Inc. "Our 127 point inspection requires a minimum of 50 per cent brake pad depth and original tire tread; that's important peace of mind for our customers."

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Reno tip

Increasing square footage is almost always an excellent use of remodelling dollars, but don't expand your home so much that there's little outdoor space left. HGTV.CA

Reno Rebate

Added value

If your home has only one bathroom and is meant to house more than two people, a bathroom addition should be a top priority. If most homes in your neighbourhood have two or more bathrooms, you will increase your property value by adding a bath. HGTV.CA

SPECIAL FEATURES EDITOR: STEPHANIE.BOMBA@METRONEWS.CA

Recycled countertops latest trend

One trend that is leaving a "green" mark in homes across the country is the choice of recycled material countertops over more conventional surfaces.

Green countertops are recycled or renewable surfaces that minimize impact on the environment during their production. They are comprised of different combinations of natural and man-made materials and often include some form of recycled glass. Many are attractive and viable alternatives to conventional countertop materials.

The latest entry into this category, Elements by Durcon, is creating quite a buzz as it's a "green" countertop surface that also offers unmatched durability, cleanliness and aesthetic qualities.

Clear beer bottles are used to make recycled countertops, like these examples by Durcon.

Durcon, the leading U.S. manufacturer of epoxy-resinquartz countertops and sinks for the past 35 years, recently launched an eco-friendly surface variation — Elements by Durcon for the residential and commercial markets. Stone fabricators, dealers and architects across North America agree that the product's unique qualities and highly durable characteristics set it apart from first generation eco-friendly surface products currently available.

Moulded from a proprietary blend of fine quartz, epoxy resin, and recycled glass (such as clear beer bottles), the material is solid, non-porous, never requires sealing, and is homogenous in consistency. Its unique manufacturing process produces a silky smooth and durable countertop surface.

"Elements is ideal for the discerning customer who desires a unique eco-friendly product for kitchen countertops, vanities, fireplace surrounds, and commercial applications," says Mark Hanna, president of Montreal-based Leeza Distribution Inc., one of North America's leading distributors of premium countertops.

Elements is an incredibly safe and durable countertop surface ideal for kitchens as it is certified by NSF, is a very low VOC-emitting material, and boasts the highest heat resistance rating available.

"Elements is stylishly sleek with a distinctly silky feel that works beautifully with any décor," Hanna says. "From Old World to ultra-modern, it provides a look that is very unique, timeless and clean."

Its versatility is its strongest attribute. In addition to custom colours, Elements is available in two alternate design variations, Titanium and PUR. Titanium features a dramatic metallic flecked surface. The highlight of the PUR line is Pristine, which is "already a hit with designers," said Hanna, due to its rare, deep, and absolute white quality.

Elements surfaces are so durable that unused and old countertop material is recycled for use in road construction.

More information on these eco-friendly countertops is available at leezadistribution.com.

NEWS CANADA

About the HRTC

- The Home Renovation Tax Credit of up to $1,350 applies to alterations "of an enduring nature and integral to the dwelling," meaning anything that is nailed down or wouldn't get transported away.
- The HRTC eligible expenditures are more than $1,000.
- For more, log on to cra-arc.gc.ca/gncy/bdgt/2009/fqhmrnvtn-eng.html.

Making a claim

Here's what you will need to claim the HRTC on your 2009 income tax return:

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- Description of the work performed including the address where it was done.
- The amount of the invoice and proof of payment.
- Receipts or invoices must indicate "paid" or be accompanied by another proof of payment.

NEWS CANADA

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Give a Day, Get a Disney Day

A new Disney Parks promotion for 2010 will offer a free day's admission to 1 million guests who complete a day of volunteer work next year. The program will provide certified volunteers with a one-day ticket to any park at Disneyland in Anaheim, Calif., or Walt Disney World near Orlando, Fla., in 2010. See DisneyParks.ca. THE ASSOCIATED PRESS

Travel

Rock on

For the first time, the Hope Diamond, the world's best-known blue diamond, is on display without its ornate setting at the Smithsonian's National Museum of Natural History in Washington, D.C. The 45.5-carat, walnut-size diamond will be on view by itself for several months while a new setting is prepared. Long rumoured to carry a curse, the diamond was mined in India and is believed to have been part of the French crown jewels. THE ASSOCIATED PRESS

TRAVELDESK@METRONEWS.CA

Cooking up a storm in Chiang Mai

To really learn the secrets of making Thai cuisine, head overseas

NATHALIE FRASER
Metro World News

It's hard not to get excited about food when you walk through the bustling, fragrant streets of Chiang-Mai, in the foothills of Mount Doi Southep.

The city was also the first to offer tourists classes in the art of Thai cooking, when chef Sompon Nabnian set up his Thai Cookery School in 1993.

Sompon's establishment is still a favourite, with visitors flocking to the shady, open-walled compound outside the city centre to learn the basics — and more advanced tricks — of this deceptively elaborate cuisine.

A visit to the local covered market to buy fresh ingredients starts the day, and it's an inquisitive gourmet's dream to have the chef at hand to answer any questions about the mysterious fruit and vegetables on offer.

Back at the school, Sompon and his assistants demonstrate the dishes and students are then sent to their individual workstations to prepare them by themselves.

It's a cook's paradise: ingredients have been peeled, chopped and divided into portions, all you have to do is combine them in the wok (which is trickier than it sounds, as these are placed over powerful gas burners).

The red fish curry, spicy prawn salad Chiang Mai-style or steamed banana cake that you've created are then eaten at long tables, with conversation sparking up between the guests of different nationalities — German, Australian, American, British.

Many choose to follow a single day, but we opted for a longer course and enjoyed special attention from chef Sompon, whose sense of humour extends to laughing out loud when a student burns their curry paste with smoky results.

Not that you need to worry about poor results as an inexperienced cook — the beginners in our group often fared better than their friends or partners who considered themselves experts.

The only thing to worry about really is that cooking (and subsequently eating) six different dishes in one day means you're not always keen to sample more delicacies after class.

Left, a dish called Kaeng Khiao Wan Nuea. Right, a golden buddha statue at Wat Doi Suthep in Chiang Mai, Thailand.

Right, a teacher and student prep ingredients at Thai Cookery School. Right, BuaLoi Phueak.

Top 3 things to check out in Chiang Mai:

Sunday Walking Street

As its name suggests, a street that is pedestrianized and transformed into a market, selling everything from desirable souvenirs to plastic knick-knacks. Plenty of food stalls too. A Saturday Walking Street also exists.

Anusan Night Market

If you still feel like sampling some local cuisine after a day's cooking, head for this food market featuring many stalls specializing in local specialities and seafood. It's right in the middle of the Night Bazaar, so you can shop and snack at the same time.

The Wats

You can't visit Chiang Mai without taking in some of the numerous Buddhist temples that also make it famous. What Phra Singh is the most famous, but lose yourself among the narrow streets of the walled city and you'll discover temples of all sizes and ages.

Good to know

Thai Cookery School, 47/2 Moon Muang Rd, Opp. Thae Phrae Gate, Chiang Mai, thaicookeryschool.com.

Where to stay: Tri Gong Residence has airy rooms with air-conditioning and teak furniture from 700 baht. Guests can use the outdoor cooking facilities to test their new skills; trigong.com.

Where to eat: The Wok restaurant is run by the same team as the Cookery School, if you feel like trying before you buy. 44 Th. Ratchamankha.

Local dish to try: Khao Soi is the local noodle speciality, served with beef or chicken in a spicy sauce with a number of vegetable garnishes. Try it from a street vendor or in one of the city's many restaurants.

When to visit: The Thoi Krathong Festival during November's full moon (around Nov. 2) is a great time to visit. Winter months are sunny but agreeably cool due to Chiang Mai's altitude and Northern location.

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Round 'em up

Top professional rodeo athletes will compete for over $1.1 million in prize money at Canada's national rodeo championships from Nov. 11 to 15 in Edmonton. See canadianfinalsrodeo.com. THE CANADIAN PRESS

Surprise! iPhone bills can sink the vacation budget

Here's how to minimize fees when you're travelling internationally

An inventory for a trip to a tropical beach could read like this: Swimsuit, check. Sunscreen, check. Passport, check. And iPhone, check.

Well, make that a possibly giant cheque, drawn from your bank account. Unaware travellers can blithely rack up eye-popping bills on their iPhones while travelling abroad.

The international roaming calling rates are bad enough, but data usage is what really delivers the sting. The root of the problem is that the iPhone, with all its apps, positively inhales data. Because domestic plans feature unlimited data, few users bother to track the amount they send and receive.

When you travel to a foreign country, this cheap smorgasbord of bits and bytes becomes a pricey a la carte menu. Worst case scenario, you don't sign up for any international plan and use your phone as you would at home, checking email, sending photos and adjusting your fantasy football roster from the beach while enjoying an ice-cold beer and taunting your friends in chillier climates. When you get home, the bill could be hundreds or thousands of dollars.

There are some steps you can take to maintain some of the functionality of the phone without the monster bill, but it will still cost you extra.

First off, learn how to defang the functions of your iPhone that can whack your wallet: international calling and data. The easiest way to completely shut these off (other than turning off the phone) is to go into flight mode. But that leaves you with a virtually useless phone that can't make or receive calls, check email or text.

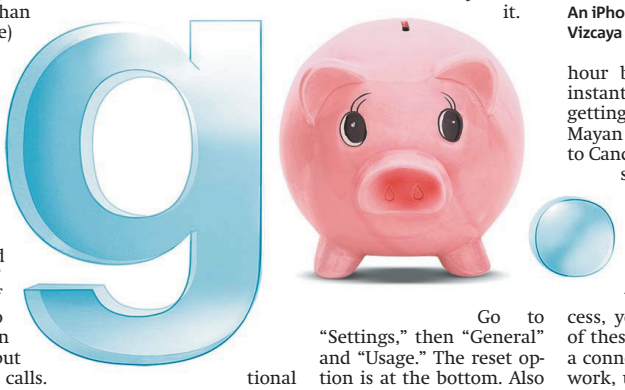
To be more selective, go to "Settings," then "General" and then "Network." Here you can shut off "Data Roaming" so you won't feast on high-priced data but can still make phone calls.

In your email settings, turn off the "Fetch" option so you won't automatically download email. Do so under "Settings," then "Mail, Contacts, Calendars" and "Fetch New Data." There are a few options for international calling plans, which bring down the cost of making or receiving calls while abroad. A reporter used the the AT&T Mexico add-on plan for $4.99 US a month on a recent trip, thereby qualifying for a calling rate of 59 cents per minute rather than 99 cents.

Incoming calls calls that go to voice mail also cost. And, in an amazing double-whammy, "Visual Voicemail" uses data to deliver the messages while also charging you international airtime for the duration of your friend's meandering message.

If you'd like to check email, view maps or update Facebook with the iPhone, you should probably also sign up for an international data plan. The cheapest is the $24.99 Global Add-On plan, which gives you 20 megabytes of data at $1.25 per megabyte. That compares to nearly $20 per megabyte if you don't have an international plan. There are other options going up in price and amount of data available.

Before using your iPhone in another country, you should also reset your usage statistics so you can track how close you are to your limit.



Go to "Settings," then "General" and "Usage." The reset option is at the bottom. Also on the same page, there is a listing for "Cellular Network Data." This can grow at an astounding speed.

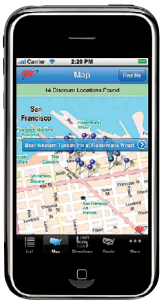
The reporter metioned above used up a third of his 20 megabytes in an hour by checking email, instant-messaging friends, getting directions from the Mayan Riviera resort area to Cancun's airport, and resetting my fantasy football roster for the week

If you happen to be staying somewhere with wireless Internet access, you can dodge most of these charges. Establish a connection with the network, use Skype or another Internet phone service for all voice calls and use the wireless network to surf the web and check email. With some care, your iPhone can make a wonderful travel companion, but just don't expect it to deliver quite as much as it does at home anywhere close to as cheaply.

THE ASSOCIATED PRESS

FRITZ FAERBER/THE ASSOCIATED PRESS

An iPhone running the Unlike App, a travel application, at Vizcaya Museum and Gardens in Miami.



An iPhone running the the AAA Discounts app.

Two into one: Sunwing, Signature Vacations join forces

Two of Canada's major vacation travel businesses are being combined. Sunwing Vacations will join forces with tour operator Signature Vacations and its retail division SellOffVacations.

Signature is owned by a U.K. company through First Choice Canada, which has been losing money over the past few years including $20 million in the first half of 2009.

Sunwing has been owned by the Hunter family of Toronto, which will retain control of the Canadian company in partnership with Signature owner TUI Travel PLC, which operates in approximately 180 countries worldwide.

As part of the deal announced yesterday, TUI Travel will contribute $101 million and its Canadian operations including Signature Vacations to the new venture. In return, TUI Travel will get a 25 per cent voting interest and 49 per cent ownership in the Sunwing Travel Group.

"The proposed amalgamation of tour operators will create a stronger company better able to compete against Canada's leading tour operators, while offering a broader range of travel destinations to the travelling public," said Colin Hunter, chairman and majority shareholder of the Sunwing Travel Group.

He said the proposed company will be in a position to improve its product range and offer competitive prices with increased efficiencies. The company didn't disclose what type of efficiencies it anticipates or how employees of the two businesses will be affected. However, Sunwing chief operating officer Stephen Hunter said the combined company aims to grow.

"As one of Canada's fastest growing companies with combined revenues of $900 million, along with the improved operational efficiencies, complementary product mix and a growing retail distribution, our business will be well positioned to continue the growth and profitability curve we have achieved over the years," said Stephen Hunter, who will become president and chief executive of Sunwing.

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Walt Disney Travel Company CST# 1022229-50 ©Disney WDWRST-09-13085

Celtic Colours festival

If you want to learn about the history of the tin whistle or pick up a bit of Gaelic, the 13th annual Celtic Colours International Festival is the place to be. The festival, running Wednesday, Oct. 9 through Oct. 17, will also present dozens of concerts at venues throughout Cape Breton; see celtic-colours.com. THE CANADIAN PRESS

Cypress Gardens closes doors

Theme park was once a Florida must-see

Cypress Gardens, which reigned as Florida's grandest theme park in the days before Disney, has shut down while its owners try to sell the attraction.

The 73-year-old park, known for water-skiing shows, lush flower gardens and Southern belles in hoop dresses, has been shuttered after years of sagging attendance and ownership changes.

The current owner, Land South Adventures, said the park was no longer financially viable. The company said in a statement it "has explored numerous management frameworks and exhausted every possible approach to keep the park running in its traditional form."

The company said it was negotiating with several potential buyers.

Cypress Gardens, once a must-see for Florida visitors, was opened in 1936 by Dick and Julie Pope, and the family sold it in 1985. The property has been bought and sold several times since.

WILBUR E. GARRETT/NATIONAL GEOGRAPHIC/GETTY IMAGES

In this 1958 photo, a champion waterskier performs a stunt with her foot on a towline at Cypress Gardens, Fla. The 73-year-old theme park ruled Florida in the days before Disney.

It was closed in 2003, then changed hands under a complicated deal that involved help from state and local government and a non-profit conservation group. In 2004, it was hit by three hurricanes and the owners were unable to reach a settlement with an insurance company to cover damages. The current owners bought it in October 2007 for $16.8 million US.

The park, in the small town of Winter Haven, Fla., southwest of Orlando, was closed again in November 2008 for renovations and opened in March, featuring its traditional botanical gardens, water park, water ski shows and concerts, but without the animal attractions and rides.

Cypress Gardens had about 100 employees when it closed, down from 700 to 800 in its heyday.

THE ASSOCIATED PRESS

Budget Travel magazine recognizes innovation with Extra Mile Awards

TOP PICKS New services and features from Kayak.com, American Airlines, JetBlue, Google and TripAdvisor honoured with Extra Mile Awards from Budget Travel magazine.

The magazine gives the awards for developments that make travel "easier, more enjoyable and more affordable."

The top 10 winners for 2009, as listed in the magazine's October edition, are:

- Kayak.com, for new features like search sharing, a real-time map of available airfare and an iPhone app.
- New York City, for new public spaces like making Times Square car-free and turning an abandoned railway into a walkway called the High Line.
- Apple, for equipping the 3GS iPhone with a built-in applications store for anything you might need on the road.
- American Airlines, for the One-Way Flex Awards loyalty program, which helps occasional travellers earn rewards.
- JetBlue, for offering amenities at the gate, like the Re:Vive bar kiosks at JFK airport.
- Intrepid Travel, for carbon-offsetting all of its itineraries by early 2010.
- Google, for offering the Street View mapping feature for theme parks and trails.
- Delta, for bringing back customer service in style with their Red Coats program, comprised of agents dedicated to troubleshooting at a number of airports.
- Hyatt, for "new surprise perks to new and loyal customers."
- TripAdvisor, for new tools like the Vacation Rental Calculator, the Top Values Tool, and the Fees Estimator.

For further details, visit the magazine's website atbudgettravel.com.

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Cryer adopts baby girl
Recent Emmy winner Jon Cryer is more reason to celebrate. The actor and his wife, Lisa Joyner, have adopted a six-week-old baby girl named Daisy Lee, according to The Insider. METRO NEWS SERVICES

Entertainment

Eight is enough
TLC HAS confirmed to the Associated Press that Jon and Kate Plus Eight will be renamed Kate Plus Eight, beginning Nov. 2.
USMAGAZINE.COM

EDITOR: DEAN.LISK@METRONEWS.CA

Along for the ride

Zombieland takes Jesse Eisenberg back to the amusement park

NED EHRBAR
for Metro Canada

Jesse Eisenberg is just about fed up with amusement parks. After starring earlier this year in Adventureland as a theme park toiler, the young actor hits theaters this week in Zombieland, which sets its climactic battle beneath ferris wheels and tilt-a-whirls. "It's the most inefficient place to do a movie," he gripes.

"Even if it's a closeup of an actor, if there's a ride in the background doing anything, they have to have extras on it and have it going," Eisenberg explains. "I was tired of it on the first day of shooting." But he hasn't ruled out returning to such a setting in the future. "I'll do whatever they put me in," he says, "but I'd prefer not."

In Zombieland, Eisenberg plays one of a handful of survivors of a virus that's reduced most of the population to flesh-hungry monsters. "We actually planned the swine flu to coincide with the movie opening," he jokes. "And, you know, there's some collateral damage, but ultimately we'll have a big opening weekend."

Zombieland opens in theatres this Friday

Though admittedly not a fan of the zombie genre, Eisenberg was impressed enough by what the writers conjured up to sign on. "The script was endlessly violent," he says. "All the kills were so creative." But the amount of gunplay involved with playing a survivor of the zombie apocalypse did give him pause.

"I don't really like using guns. I don't want to be promoting violence in a fun way," Eisenberg explains. "There are too many guns in the world, so I don't want to be part of that. But I think the movie is pretty responsible in terms of the values that it promotes."

Still, Eisenberg admits that compromise does have its benefits, as starring in movies like Zombieland can make it easier to get his more personal projects off the ground. For instance, he recently booked the part of Allen Ginsberg in Kill Your Darlings, set in the early days of the Beat Generation. "The Ginsberg movie is so far down the road because it's trying to raise money," he says. "And it's about homosexual beat poets and a murder. It's not the thing investors are jumping at, probably."

Jesse Eisenberg stars in Zombieland, which hits theaters this week.

But first he's got a more high-profile job to tackle: portraying Facebook founder Mark Zuckerberg in David Fincher's the Social Network, chronicling the creation of the hugely successful site. Eisenberg hasn't had a chance to chat with Zuckerberg yet, however. "I would like to," he says. "I don't know what I can say. He's not involved in the movie. I suppose if I say anything else, I'll be sued by the movie company and the Internet company."

Director tells Carey to leave diva act at home

Lee Daniels had so much faith in Mariah Carey's acting that when the director's first choice to play a dowdy, no-nonsense social worker — Oscar-winner Helen Mirren — backed out, he quickly asked Carey to step in.

But Daniels was well aware that in hiring Mariah Carey, the actress, he was also likely to get Mariah Carey, the diva — a high-maintenance sideshow that would include an entourage of makeup artists, assistants, publicists and other hangers-on, running counter to the energy he wanted the superstar to exude in his searing drama Precious. He had cast her as the lead in last year's film Tennessee.

So, as he gave her the role, he also issued a warning: Leave the diva act at home.

"If you come with a strip of makeup on," he recalls telling her, "I will have a backup (actress)."

"I knew that she would be out of her safety zone, and I knew that there would be no one for her to rely on, to say, 'Get me this, get me that,"' he said. "I could see in her eyes— 'What is Lee doing to me?'But I knew that she trusted me."

By putting her faith in Daniels, Carey may have finally proven to critics that formidable talent extends to more than just her voice. She's garnered high praise for her turn in the film, which is being released nationwide on Nov. 6.

But more importantly for Carey, the role helped her shed some of the insecurities that not only hindered her in acting, but in her real life.

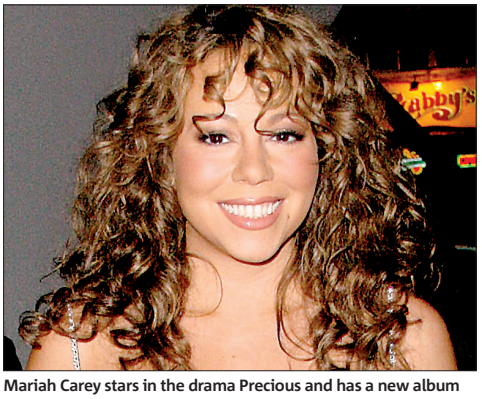
"That was such a freeing experience for me," Carey says during a recent interview. "By making me look so bad he brought out the ability to never be self-conscious again, and that was a gift that he gave me."

After years of striving to reach an ideal — from her personal life to her music career — Carey, 39, is embracing life's imperfections, an attitude summed up by the title of her latest album, Memoirs of an Imperfect Angel. Producer Tricky, responsible for hits like Rihanna's Grammy-winning Umbrella, was one of the main writers and producers of the Memoirs of an Imperfect, along with Carey and The-Dream. Tricky says Carey is "is kind of letting people know, I'm not this perfect angel."

But Carey herself points to a something else that shows her new outlook — the fact that she's dropped of one of her most infamous diva demands, that she only be photographed on her right side.

"I don't feel like, 'Oh, I have to be on this side,' or 'I have to be on this side' — I really had specific things that someone told me when I was 19 starting in the business and I listened to them."

THE ASSOCIATED PRESS



Mariah Carey stars in the drama Precious and has a new album out called Memories of an Imperfect Angel.

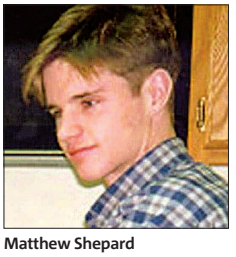
Laramie Project epilogue depicts killer as lacking remorse

A decade after The Laramie Project became a theatrical phenomenon, its creators are back with an epilogue highlighted by a riveting prison interview with the killer of gay college student Matthew Shepard — depicting him as candid but not remorseful over the murder.

The new production, which opens nationwide in the U.S. on Monday, Oct. 12, at more than 130 theatres, features a segment based on more than 10 hours of face-to-face interviews with convicted killer Aaron McKinney, conducted by Greg Pierotti, a gay actor/writer who helped create the original docudrama.

According to the detailed notes taken by Pierotti and condensed into the new script, McKinney says he had been drawn to crime ever since childhood, feels sympathy for Shepard's parents and expresses regret that he let his own father down.

"As far as Matt is concerned, I don't have any remorse," McKinney is quoted as saying in the script, which was provided to The Associated Press by the production company.



Matthew Shepard

"As far as Matt is concerned, I don't have any remorse."
Aaron McKinney

McKinney, according to the script, reiterates his claim that the 1998 killing in Laramie, Wyo., started out as a robbery, but makes clear that his antipathy toward gays played a role.

"The night I did it, I did have hatred for homosexuals," McKinney is quoted as saying. He goes on, according to the script, to say that he still dislikes gays and that his perceptions about Shepard's sex life bolstered his belief that the killing was justified.

THE ASSOCIATED PRESS

Spears single is No. 1

Britney Spears's new single 3 is No. 1 off of her upcoming album, The Singles Collection. Jive Records is releasing the album to celebrate the 10th anniversary of her debut on the music scene. **PEOPLE.COM**

Avetts get in touch with roots

Alt.country trio shift to spurts of indie rock with ease on new record

BRYAN BORZYKOWSKI
For Metro Canada

It's rare that a band so deftly combines alt.country sounds with excitable indie rock, but that's exactly what the Avett Brothers have done on their new disc, I and Love and You.

The trio, which includes Scott Avett on vocals and banjo, his brother Seth on guitar and Bob Crawford on bass, doesn't so much combine the two genres together as shift from one sound to the next.

"We grew up on a dirt road away from the city, so country music was always on tap there." says the North Carolina-raised Scott. "But Seth and I were rebelling constantly so we were playing different types of music."

The brothers' first band was a noise-rock group called Nemo, but it wasn't long before Avett turned to the music they heard growing up for inspiration. "We picked up softer instruments so we could trim the fat," says Seth. "Then we realized that we were hiding behind the distortion."

The Avett Brothers partnered with legendary producer Rick Rubin for their newest release, I and Love and You.

But while the fuzz might be gone, the brash sounds aren't. On Kick Drum Heart the threesome rip through the poppy, piano-based number like classic Ben Folds, while Tin Man's acoustic rock vibe recalls Counting Crows-mixed-with CSNY.

The upbeat tracks are fun to say the least, but it's the slower numbers that really drive the band. January Wedding is an infectious Americana tune; Darkness is a haunting, Will Oldham-like song with political undertones.

It's the folk part of their sound that got legendary producer Rick Rubin to take notice. Rubin heard some of their previous work and invited the band to his house for a chat. "We talked about music and every day things," says Seth. "And about the possibilities of working together."

Seth admits that while he was excited about working with Rubin he was a skeptical. Bands get wooed all the time but nothing comes of it. But after their meeting the Avett Brothers knew it was going to work out.

"When we met him he was just awesome. Very friendly and throughout the process he maintained that with a lot of integrity and taste," Seth explains.

Now that the album is done — and on Rubin's label — the group has started to feel the effects of being on a major; they had previously released a few discs on an indie. The biggest difference is a bigger budget, and that marketing machine that comes with it.

But, while the trio are getting more attention than ever, they're not letting it go to their heads. At 33, Seth's days of wanting to be a rock star are behind him. Now he's making music because he wants to.

"I can remember being 19 and saying to my friends if this doesn't happen by 21 I'm going to quit. Same thing at 24 and 27," he says. "But if I'm an artist and I choose the medium I'm working in what does age have to do with that?"

"I started to look up to Michelangelo, Tom Waits and Mozart — and they have nothing to do with pop stardom."

New album

- I and Love and You is the new album by Avett Brothers.

GETTY IMAGES

DJ AM was found dead Aug. 28 in New York.

DJ AM's death accidental: report

PEOPLE DJ AM died accidentally from a lethal cocktail of prescription drugs and cocaine, the medical examiner's office ruled yesterday.

The toxicology report showed the 36-year-old had in his system cocaine, OxyContin, Hydrocodone or Vicodin, antianxiety drugs Xanax and Ativan, Klonopin which also controls anger, Benadryl, and Levamisole, a drug apparently used to cut cocaine.

The cause of death was acute intoxication due to the combined effects the drugs, the medical examiner's office said. The dosage of each drug was not released.

The celebrity, whose real name was Adam Goldstein, had openly discussed past addictions to crack cocaine, Ecstasy and other drugs.

He was found Aug. 28 in his apartment in New York City's trendy SoHo neighbourhood after a friend called 911. Paramedics had to break down the door before they found him, shirtless and wearing sweat pants, in his bed around 5:20 p.m.

Six pills were found in his stomach and a pill in his throat when he was found dead in his apartment.

THE ASSOCIATED PRESS

PT	Vu	SC	C		7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
primetime 9/30/09	265	353	2	TVO	Cuckoo (N)		The Agenda With Steve Paikin		The Street		The View From Here (N)		Agenda-Paikin
	211	331	3	GTV	ET Canada	Entertainment	Bones (HDTV PA) (N)		Glee (HDTV) (N)		Melrose Place "Vine" (N)		News Final
	-	-	5	SRC	Virginie (SC)	L'Épicerie (N)	Le Moment de vérité (SC)		Hauts		Le Téléjournal Nouvelles. (SC)		TJ Ontario
	209	342	6	CHRO	Degrassi: TNG	TMZ (N)	So You Think You Can Dance		Melrose Place		Eastwick (HDTV) (N)		Comedy Now
	196	311	7	CTV	etalk	Dance	America's Next Top Model (N)		Criminal Minds (N)		CSI: NY (HDTV) (N)		CTV News
	208	303	8	CBC	Wheel-Fortune	Jeopardy! (N)	Dragon's Den (N)		The Tudors (N) (DVS)		CBC News: The National		The Hour
	-	360	9	NBC	Wheel-Fortune	Jeopardy! (N)	Mercy (HDTV) (N)		Law & Order: SVU		The Jay Leno Show (N)		News
	117	713	10	TVA	Poule-oeufs or	Occupation	Destinées "Révélations" (SC)		Dr. House (HDTV) (SC)		TVA nouvelles	(10:45) Denis Lévesque	
	-	-	11	QS	450 chemin	Rire et délire	Distraction (SC)		Lie to Me: Crimes et Men		Wipe Out	L'Attaque à 5	
	137	763	12	TFO	Panorama		Mutantès: Pierre Lapointe		(9:12) *Né en Absurdistan* (2000, Com. dramatique)				Passions
	-	362	13	CBS	The Insider (N)	Judge-Brown	Old Christine	Gary Unmarr	Criminal Minds (N)		CSI: NY (HDTV) (N)		Two/Half Men
	216	395	14	OMN2	Family Guy	The Office	Omni News: S. Asian Edition		Omni News: Cantonese Edition		Two/Half Men	King	Olympic
	214	344	15	CITY	Law & Order: SVU		Mercy (HDTV) (N)		Modern Family	Cougar Town	The Jay Leno Show (N)		News
	115	343	16	CFMT	Two/Half Men	The Simpsons	Omni News: Italian Edition (N)		Vivere II	Omni News:	The Simpsons	King of the Hill	Metropia
	218	345	18	CHCH	*Moonstruck* ★★★ (1987, Romance-Comedy) Cher.				*Made* ★★ (2001, Comedy-Drama) Jon Favreau, Vince Vaughn.				News at 11 (N)
	-	361	20	ABC	Action News	Entertainment	Hank (N)	The Middle (N)	Modern Family	Cougar Town	Eastwick (HDTV) (N)		News
	512	396	24	CPAC	La Période de questions		L'Heure politique					Revue	Période-quest.
	651	355	25	CTS	Little House on the Prairie		Dr. Quinn, Medicine Woman		100 Huntley Street		Life Today	This Is Day	John Hagee
	-	365	36	FOX	TMZ (N)	Seinfeld	So You Think You Can Dance		Glee (HDTV) (N)		FOX 2 News (N)		News
	-	-	64	PBS	Business Rpt.	From the Top	The National Parks: America's Best Idea (N) (DVS)				Great Lodges, National Parks		Charlie Rose
	205	312	104	CTV	etalk	Dance	America's Next Top Model (N)		Criminal Minds (N)		CSI: NY (HDTV) (N)		CTV News
news	502	390	26	NW	CBC News	Fortune	CBC News: Tonight (N)		CBC News: The National		Miracle		National
	500	500	33	CNN	Lou Dobbs Tonight		Campbell Brown (N)		Larry King Live (N)		Anderson Cooper 360 (HDTV)		
sports	406	417	27	net	MLB Baseball Toronto Blue Jays at Boston Red Sox. From Fenway Park in Boston.						Hockeycentral (HDTV)		
	126	730	28	RDI	24 Heures en 60 minutes		Grands reportages (SC)		Le Téléjournal (SC)		RDI économie	Le National	Le Téléjournal
	400	280	30	TSN	That's Hockey!		NHL on TSN Season Preview (HDTV) (Live)				SportsCentre (HDTV) (Live)		
	410	403	52	SCR	RaceNight						WWE Vintage Collection		Score Now
family	411	457	56	OLN	Ghost Hunters		Bounty Hunter	Bounty Hunter	Survivorman		Ghost Hunters		Bounty Hunter
	417	406	59	SC	Pimp My Ride	Pass Time	Amer. Thunder	Pinks Outtakes	Pass Time	Pass Time	Wrecked	Wrecked	Pimp My Ride
	554	544	48	TEL	Scooby-Doo	Total Drama	Total Drama	6TEEN (N)	Futurama	King of the Hill	American Dad	Futurama	Robot Chicken
	557	540	51	FAM	Wizards-Place	Han. Montana	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek	Ned's School	Cory in House	Zack & Cody
	551	542	65	YTV	Drake & Josh	That's-Weird	Malcolm-Mid.	Hates Chris	8 Simple Rules	What I Like	Family Biz	Prank Patrol	Adrenaline Proj
cable variety	570	580	29	MM	The Daily Fix		Ranked!		Wild 'n Out	Wild 'n Out	Gene Simmons	Gene Simmons	The Daily Fix
	615	520	31	A&E	Criminal Minds (HDTV)		Bounty Hunter	Bounty Hunter	Bounty Hunter	Bounty Hunter	Bounty Hunter	Bounty Hunter	Bounty Hunter
	628	584	32	SPKE	UFC Unleashed (HDTV)		The Ultimate Fighter (HDTV)		The Ultimate Fighter (HDTV)		The Ultimate Fighter (N)		Ult. Fighter
	521	560	34	TLC	I Didn't Know	I Didn't Know	I Didn't Know	I Didn't Know	King of the Crown		Toddlers & Tiaras (N)		I Didn't Know
	145	761	35	TV5	Devoir d'enquête		*La Maison du bonheur* (2000) Florence Pernel.			À comm	Mixeur	Sport	TV5 Le Journal
	616	521	39	SHO	The Outer Limits		The Guard "The Hold"		Found.	Paradise Falls	Bones		NCIS
	620	523	40	BVO	The Achievers	Bravo!Videos	Arts & Minds	O'Reagan File	Wingfield	Star Portraits	*Flicker* (2008)		Law & Order
	520	505	42	DIS	Daily Planet (N)		Pitchmen Cleaning product. (N)		Mighty Ships		Mayday		Daily Planet
	575	583	43	CMT	Funniest Home Videos		Reba	Reba	According-Jim	According-Jim	Home Improve.	Home Improve.	Due South
	601	562	45	SLC	Rich Bride, Poor Bride		Carlawood	Nearly Dead	Newlywed	Newlywed	In Laws	In Laws	ET Canada
	625	548	46	COM	Air Farce	22 Minutes	Corner Gas	Name Is Earl	The Simpsons	South Park	Just for Laughs Laughs		Daily Show
	294	529	47	TBS	Family Guy	Family Guy	Law & Order: SVU		The Office	The Office	*Enemy at the Gates* ★★ (2001, War)		
	600	564	49	H&G	House Hunters	Property Virgin	Realtor	Intervention	Property Virgin	Unsellables UK	House Hunters	House Hunters	Holmes-Homes
	627	528	50	SPC	Stargate Atlantis (DVS)		Star Trek: Voyager		Torchwood		Supernatural (HDTV) (N)		InnerSpace (N)
	581	566	53	MTV	The Hills	After	Parent Control	The City	The City	The City	The City	After	MTV Live
	618	524	54	TROP	King	King	The Outer Limits		ET Canada	What Happen?	Family Guy	King	King
	522	506	55	HIS	Expedition Africa (N)		Life After People (N)		Ice Road Truckers		Expedition Africa		Outlaw Bikers
	129	773	60	CD	Biographies "Les Culkin"		Voyage d'enfer (HDTV)		Destr Expr	Vancouver	Preuves à l'appui (HDTV)		Images-chocs
	261	394	61	V	Murder, She Wrote		Keeping Up	Foot in Grave	Doc Martin "City Slickers"		Unscripted	Driven-Vision	Poltergeist
	602	567	62	W	Old Christine	Friends	Friends	Grocery Bag	Grocery	Yourself Sexy	Younger		Supersize-Skin
	269	350	70	APTN	APTN InFocus	Arctic Son Father and son are reunited.			Canadian Geographic		Chiefs		Storytellers
	621	527	71	TLK	Look-A-Like	TMZ	The Ellen DeGeneres Show (N)		The View (HDTV) (N)		The Dr. Oz Show (N)		TMZ
	603	561	95	FN	Ricardo	Fresh-Anna	Thanksgiving Desserts		Iron Chef America		Chopped (N)		Chef School

critics'corner

Dragon's Den

I've got the idea; you've got the loot; let's make lots of money. Season four of this popular reality series opens tonight with a new crop of entrepreneurs pitching their ideas to a panel of venture capitalists — the "Dragons" — in hopes of getting some money and advice to put them into production. Dianne Buckner returns as host. 8 PM on 8 CBC

The New Adventures of Old Christine

"Old" Christine (Julia Louis-Dreyfus) has a master's degree in self-delusion, so it's really not all that surprising that, after meeting some old friends from their college years, she and Richard (Clark Gregg) are shocked by how their former peers have gotten so, well, old. Hamish Linklater and Wanda Sykes also star in the new episode "Burning Love." 8 PM on 13 CBS

In brief

MUSIC YouTube said Tuesday that music videos from Warner Music Group Corp. will return to the video site in the coming months after a nine-month dispute over splitting ad revenue. Most of the catalogue of videos from artists such as Madonna, Metallica and Green Day will be available for free viewing by the end of the year.

THE ASSOCIATED PRESS

Kenya's Style
Kenya Hunt
Exclusively at metronews.ca/globalstyle

For complete online movie listings, trailers, reviews and tickets, visit:
metronews.ca/movies

Mr. T banishes the bling
A-Team star Mr. T says he has hung up his trademark gold chains for good as a mark of respect for the victims of hurricane Katrina. The actor — real name Laurence Tureaud — first retired the bling in 2005 after witnessing the devastation in the southern U.S. FEMALEFIRST.CO.UK

Fifty years later, the Zone's message lives on

On a Friday night in October 1959, TV viewers began slipping into a dimension of imagination as vast as space and as timeless as infinity. They've really never returned.

The Twilight Zone has resonated with viewers around the world from generation to generation with memorable stories carrying universal messages about society's ills and the human condition.

Like the time-space warps that anchored so many of the show's plots, Rod Serling's veiled commentary remains as soul-baring today as it did a half-century ago.

"I'm interested in the escapist ideas, the psychological nature of the stories," said Lauren Chizinski of Houston, a Syracuse University student who is taking a class on the show and its 50th anniversary.

The Twilight Zone has been exulted in mediums such as pinball and video games — and The Twilight Zone Tower of Terror ride at Disney theme parks.

The original show led to a feature film by Steven Spielberg and John Landis in 1983. It is reportedly soon to appear again on the silver screen from Leonardo DiCaprio's production company.

> **"The whole idea of The Twilight Zone ... became a buzzword for something much beyond the TV show itself."**
> Robert Thompson

It has also been the subject of scores of books, websites, blogs, comic books and magazines.

It has even inspired music from the Grateful Dead, Rush, Golden Earring and Michael Jackson.

The Twilight Zone pioneered a genre, said Robert Thompson, director of the Center for the Study of Popular Television at Syracuse University.

"The whole idea of The Twilight Zone jumped off the television screen and became a catchphrase, a buzzword for something much beyond the TV show itself,'' Thompson added.

THE ASSOCIATED PRESS

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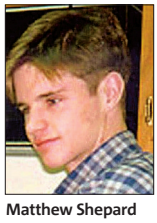
The killer: Aaron McKinney is escorted to court for a hearing in Laramie, Wyo., in October 1998.

Killer depicted as lacking remorse

EPILOGUE A decade after The Laramie Project became a theatrical phenomenon, its creators are back.

Their new project: An epilogue highlighted by a riveting prison interview with the killer of gay college student Matthew Shepard — depicting him as not remorseful

The new production, which opens Monday, Oct. 12, at more than 130 theatres, features a segment based on more than 10 hours of face-to-face interviews with convicted killer Aaron McKinney.


Matthew Shepard

"As far as Matt is concerned, I don't have any remorse," McKinney is quoted as saying.

McKinney, according to the script, reiterates his claim that the 1998 killing in Laramie, Wyo., started out as a robbery.

But he makes it clear that his antipathy toward gays played a role.

"The night I did it, I did have hatred for homosexuals," McKinney says.

He goes on to say that he still dislikes gays and that his perceptions about Shepard's sex life bolstered his belief that the killing was justified.

McKinney and his accomplice, Russell Henderson, targeted Shepard at a bar in Laramie in part because they assumed he was gay.

Early on Oct. 7, 1998, McKinney and Henderson offered Shepard a ride in their car, then robbed and savagely pistol whipped him and left him tied to a fence in a remote area outside the town.

The 21-year-old University of Wyoming student was found 18 hours later and died in a Colorado hospital on Oct. 12.

More than 1,000 actors — amateur and professional — will be performing when the new show premières next month on the 11th anniversary of Shepard's death.

THE ASSOCIATED PRESS

Swayze service will be private

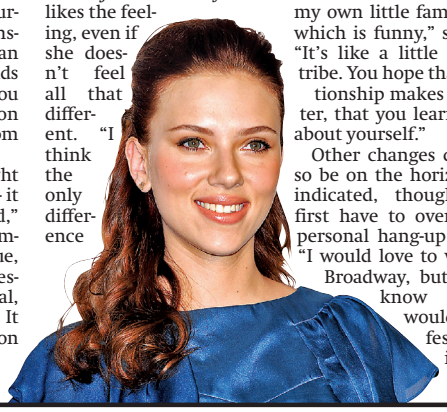
A private memorial service for Patrick Swayze — who died Sept. 14 of pancreatic cancer at age 57 — will take place on Sunday at L.A.'s Sony Studios, Variety reports. METRO NEWS SERVICES

Celebrity Buzz

ScarJo stunned she's hitched

ME? MARRIED? NEVER There were plenty of people surprised by Scarlett Johansson's remote Canadian wedding to Ryan Reynolds last September — and you can count Johansson among them, people.com reports.

"I never really thought about getting married — it just kind of happened," the actress, 25, tells Glamour for its November issue, hitting newsstands Tuesday. "It seemed natural, the right thing to do. It was kind of a celebration of the time."



But Johansson says she likes the feeling, even if she doesn't feel all that different. "I think the only difference is that I'm kind of making my own little family now, which is funny," she says. "It's like a little bit of a tribe. You hope that a relationship makes you better, that you learn things about yourself."

Other changes could also be on the horizon, she indicated, though she'd first have to overcome a personal hang-up or two. "I would love to work on Broadway, but I don't know that it would manifest itself in musical theater ... I have terrible stage fright that I'd have to get over," she says. "It came on when I was a teenager, and I think it somehow sticks with you."

As for the future, "You never know. I might open my own bakery!" she says with a laugh before admitting, "The thing is, I don't know how to do anything else, other than things that relate to film ... I don't know anything except for movies, other than some Trivial Pursuit kind of information."

METRO NEWS SERVICES

Hewitt's cheating rumours are just that — rumours

STILL HAPPY TOGETHER Despite rumors stating Jamie Kennedy allegedly cheated on Jennifer Love Hewitt with his ex-girlfriend Shannon Funk — the Ghost Whisperer couple is still going strong, Kennedy's rep told Us Weekly.

"This is a completely fabricated story made up by a disgruntled former employee, terminated for cause. Jamie and Jennifer are happy and still together," his rep said.

METRO NEWS SERVICES

Oh no, no Twitter for Willis

SOCIAL MADNESS His ex-wife, Demi Moore, and her husband, Ashton Kutcher, may be some of the most prolific high-profile Twitter users, but that doesn't mean Bruce Willis is about to sign on to the micro-blogging service.

"Doubtful, doubtful," Willis says when asked if he plans on joining Twitter, according to People magazine.

"I just can't live with myself if I started Twittering. I just think that way lies madness."

METRO NEWS SERVICES

Gibson wants charges dropped

LONG ENOUGH Mel Gibson wants his record wiped clean of the DUI that sidelined his career three years ago, popeater.com reports.

In court papers obtained by TMZ, the actor-director's lawyer lays out plans to ask a judge to remove the DUI, citing his successful completion of a three-year probation. According to the report, Gibson's lawyer, Blair Berk, will make the request early next week.

The Braveheart star was arrested in July 2006 in Malibu. The arrest report revealed that Gibson verbally abused the officer and launching into an anti-Semitic rant.

METRO NEWS SERVICES

Beautiful Becks want to sound good, too

TALKING TO AMERICANS David Beckham is having elocution lessons to make his voice deeper, femalefirst.co.uk reports.

The British soccer star has decided to join his wife Victoria and have intensive voice coaching to improve his accent and deepen his high-pitched tones because he thinks it will help him get more work when his sports career is over.

A source told Britain's Daily Star newspaper: "David is quite keen to move into TV work when he finally retires, probably after the next World Cup. He's got the looks and the knowledge, but knows his voice needs work.

"Victoria knows being British can be an asset in the States, but only if the American public can understand what you're talking about."

Earlier this summer, the former Spice Girl embarked on a series of "facial lessons" and voice classes before appearing as a guest judge on TV talent show American Idol.

A source said: "She wanted to come across the best she could on American Idol, so she took some private lessons on how to properly pronounce words and how to make appropriate facial expressions.

"Victoria is famous for her pout, but she herself admitted she wanted to shed that pout for the show to come across more human."

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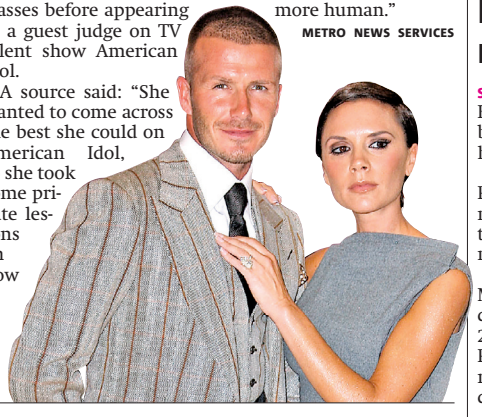


Pratt: I am more famous

SAY WHAT? Kim, Khloe and Kourtney Kardashian have been dominating all the headlines lately.

But Hills star Spencer Pratt claims he is still more famous than the three reality star sibs, usmagazine.com reports.

"Speidi is Barack and Michelle famous, not Kardashian famous!" Pratt, 26, tells the New York Post, comparing his relationship with wife Heidi Montag to the Obamas.

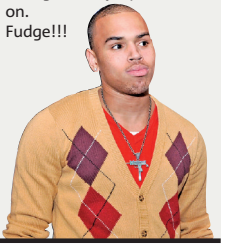
He later added, "The fact that USA Today said we're the third most famous couple in the world after Brangelina and The Obamas is amazing. I don't care what people say about me. It's cool."

METRO NEWS SERVICES

Celebrity tweets

Kristie Alley wants revenge for all the British actors getting parts on U.S. TV, Chris Brown keeps his head up, Barbara Walters is a busy lady, and Jonathan Ross over-shares about his family's weight-loss progress.

- @kristiealley I THINK I WILL JUST MOVE TO ENGLANDIA AND STEAL THEIR ROLES..AND rolls
- @mechanicaldummy STAY POSITIVE THROUGH RUFF TIMEs.negative people wanna see me fall or crack. it wont happen as long as GOD GOT ME AND MY FANS. LOVE YALL
- @BarbaraJWalters Lunched with Prime Minister of Australia. The View is big there. Really At night hosted a party for Joy's new show. Too busy but happy
- @wossy Good morning. My wife and daughter both lost a couple of pounds - eating sensibly. I put 2 back on. Fudge!!!



Jude's see no baby policy

WAITING GAME Jude Law has not met the daughter he allegedly had with Samantha Burke — and he doesn't plan to until the results of a paternity test come through, according to News of the World.

"It was an act of kindness rather than an admission that he was the dad," a source says of Law's decision to pay for the birth. "Until he is 100 per cent certain she is his daughter he is only communicating through lawyers. If he is the father he will meet his obligations to the child."

METRO NEWS SERVICES

Short skirts are 'shocking' to Kelly

THE HORROR Former wild child Kelly Osbourne is growing up fast. The Dancing with the Stars contestant was overhead at a recent party for Teen Vogue telling a pal that she was "shocked" at how short some of the partygoers' skirts were, considering they were so young, according to Page Six.

METRO NEWS SERVICES

Healer heads across the pond to help Amy

GOTTA HAVE FAITH Amy Winehouse made a very important friend during her lengthy stay in the Caribbean: A faith healer named Peter Hippolyte, whom she credits for helping her overcome her problems with drugs and alcohol.

But back in England, Winehouse is faced with more temptation, so she's flying Hippolyte in to help again.

"I have healing hands and I talk to her and explain things to her," he tells Heat magazine. "She's a wonderful girl and she believes in me. "I am coming back to England to help her."

METRO NEWS SERVICES

The Weather Network
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Today Partly sunny 10°/ 6°
Thursday Cloudy 10°/ 6°
Friday Showers 40% 13°/ 10°

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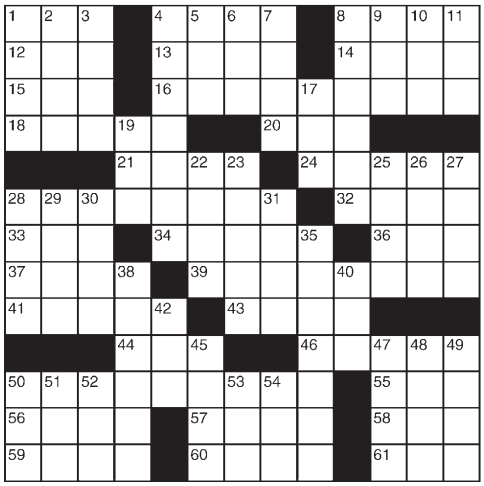
Take Five



Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

	5		4			6	9	
2				6		1		3
7				9				
	2	5			1		6	
				3				
	3		2			4	7	
				5				6
6		8		2				9
	1	9			3		8	

ACROSS

1 Badly lit
4 Burn somewhat
8 Commanded
12 Literary collection
13 Impel
14 Shaving cream additive
15 Gelid
16 Dangerously fast
18 Sandbank
20 Favourite
21 Costa —
24 Handrail support
28 Shortcut to a website
32 "The Amazing —"
33 Heidi's height
34 Iroquois' foes
36 Dance syllable
37 Cabbage recipe
39 Depositor's record
41 37-Across, e.g.
43 Acerbic
44 Tall tale
46 House-paint type
50 "— Mountain"
55 Boston Bruins legend
56 Start over
57 Despondent
58 — Khan
59 It takes the cake
60 Coaster
61 60-Across, e.g.

DOWN

1 Speaker's spot
2 Minimal distance
3 BLT enhancement
4 Glorious
5 Screw up
6 Census stat
7 Harvest
8 Witty repartee
9 Hearty quaff
10 "What's up, —?"
11 "A mouse!"
17 Barbie's companion
19 Noah's craft
22 Sugar or starch, for short
23 Met expectations?
25 Texas city
26 Reverberate
27 Plumbing problem
28 Low voice
29 Earthen pot
30 October birthstone
31 Gambling game
35 Moved furtively
38 Bit part, maybe
40 A couple of cups?
42 Conk out
45 Recedes
47 Perfectly
48 Therefore
49 Picture of health?
50 Buddy
51 Gun the engine
52 Praise in verse
53 The whole enchilada
54 Shuffleboard stick

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

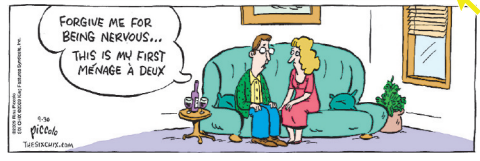
O	N	U	S	■	B	U	L	B
F	E	T	A	■	A	G	E	E
F	E	E	L	S	B	L	U	E
■	■	■	T	R	A	Y	■	H
B	Y	T	E	S	■	■	B	I
L	O	U	D	■	P	R	O	V
E	R	R	■	W	A	I	T	E
D	E	N	T	I	S	T	S	■
■	■	■	S	I	N	S	■	■
W	A	G	E	D	■	T	B	A
H	U	R	■	S	E	E	I	N
A	R	A	■	O	V	A	L	■
M	A	Y	■	R	A	K	E	■

G	N	U						
O	A	K						
E	V	E						
O	S	E	S					
N	G	■	■					
E	R	B	S					
E	R	A						
T	E	A	M					
F	U	N	D	S				
R	E	D						
I	O	T	A					
D	E	A	D					

9	3	6	2	8	5	7	4	1
4	2	8	1	6	7	3	9	5
1	5	7	4	9	3	2	8	6
2	8	1	5	3	9	4	6	7
6	4	5	8	7	2	9	1	3
3	7	9	6	1	4	5	2	8
5	1	3	9	2	8	6	7	4
7	6	2	3	4	1	8	5	9
8	9	4	7	5	6	1	3	2

On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca



Metro Recipe of the Day

Veggie Brown Rice Wraps

INGREDIENTS:
1 medium red or green pepper, diced
1 cup (250 mL) sliced fresh mushrooms
2 garlic cloves, minced
1 tbsp (15 mL) olive oil
2 cups (500 mL) cooked brown rice
1 can (540 mL) kidney beans, rinsed and drained
1 cup (250 mL) frozen corn, thawed
1/4 cup (50 mL) chopped green onions
1/2 tsp (2 mL) ground cumin
1/2 tsp (2 mL) pepper
1/4 tsp (1 mL) salt
6 flour tortillas, warmed
1/2 cup (125 mL) shredded cheddar cheese
3/4 cup (175 mL) salsa

METHOD:
1. In large nonstick skillet, sauté red pepper, mushrooms and garlic in oil until tender. Add next seven ingredients. Cook and stir 4-6 minutes or until heated through.
2. Spoon 3/4 cup (175 ml) onto each tortilla. Sprinkle with cheese; drizzle with salsa. Fold sides of tortilla over filling; serve immediately.

SERVES 6

rd.ca

For nutritional information on this and other great recipes, go to **rd.ca** or check out **Key Ingredients in this month's Reader's Digest, on newsstands now!**

Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES
MARCH 21-APRIL 20
It will be easier to get along with people if you can get out of the habit of assuming that everyone shares your values and convictions.

TAURUS
APRIL 21-MAY 21
Matters of a routine nature seem to be taking up most of your time and, although that might be boring, you should make a good job of them.

GEMINI
MAY 22-JUNE 21
The Sun's transit of your fellow Air sign of Libra will smooth your path and help you to find energy and commitment.

CANCER
JUNE 22-JULY 22
Partners and loved ones seem to be demanding more of your time and attention than you want to give but make an effort and do as they ask.

LEO
JULY 23-AUG 23
You will get the chance to move up in the world socially and professionally over the next few days. It may be a big way or it may be a small way.

VIRGO
AUG 24-SEPT 22
Money matters must come first today, and that means, among other things, watching what you say to those who hold the purse strings.

LIBRA
SEPT 23-OCT 23
What is the number one thing you should be doing at this very moment? So why are you not doing it?

SCORPIO
OCT 24-NOV 22
You fear the worst for no good reason, but what happens today will convinces you that life is good and getting better by the moment.

SAGITTARIUS
NOV 23-DEC 21
Steer clear of other people's emotional problems. No matter how many hints they may drop you must not get involved.

CAPRICORN
DEC 22-JAN 20
Something you have been striving to master will come right today. Celebrate, by all means, but don't get carried away by your relative success.

AQUARIUS
JAN 21-FEB 18
The Sun in Libra at this time of year endows you with limitless self-confidence, but there are some interesting challenges coming your way.

PISCES
FEB 19-MARCH 20
Having agreed to help out a friend or a family member you must live up to your promise — and maybe next time you won't promise so much.

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This day in history

SEPT. 30, 1888: Jack the Ripper kills his third and fourth victims, Elizabeth Stride and Catherine Eddowes.
SEPT. 30, 1901: Hubert Cecil Booth patents the vacuum cleaner.
SEPT. 30, 1927: Babe Ruth becomes the first baseball player to hit 60 home runs in a season
SEPT. 30, 1938: The League of Nations unanimously outlaws "intentional bombings of civilian populations."
SEPT. 30, 1955: Film icon James Dean dies in a road accident at age 24.
SEPT. 30, 1962: James Meredith enters the University of Mississippi, defying segregation.

METRO NEWS SERVICES

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Limited model shown

GL with Sport Package model shown

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Pathway Hyundai
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GRADUATE REBATE PROGRAM

TMThe Hyundai names, logos, product names, feature names, images and slogans are trade marks owned by Hyundai Auto Canada Corp., and used under licence. ◆Last year's starting price is the lease/finance starting price as of December 2008 for a 2009 Elantra L/2009 Accent L 3 Dr/2009 Santa Fe 2.7L GL. Prices for models shown: 2009 Elantra Limited of $20,295/2009 Accent GL Sport of $13,895/2009 Santa Fe Limited of $32,445. ¥Prices calculated after deducting price adjustments off the lease/finance starting prices. Price adjustments of $1,000/$3,500 available on a 2009 Elantra Touring L 5-speed/2010 Sonata GL 5-speed. Prices for models shown (after deducting price adjustments): 2009 Elantra Touring GL with Sport Package is $20,195/2010 Sonata Limited model shown is $30,499. ◆¥Delivery and Destination charges of $1,495 for 2009 Elantra/$1,495 for 2009 Elantra Touring/$1,495 for 2009 Accent/$1,765 for 2009 Santa Fe/$1,565 for 2010 Sonata, registration, insurance, license fees and all applicable taxes are excluded. Delivery and destination charge includes freight, P.D.E., dealer admin fees and a full tank of gas. ◊Purchase financing available O.A.C. from Hyundai Financial Services on 2009 Elantra/2009 Elantra Touring/2009 Accent/2009 Santa Fe/2010 Sonata models with a finance rate of 0%/0%/0%/0%/0% for 36/36/36/48/48 month terms. Financing example: 2009 Elantra L 5-speed for $11,995 at 0% per annum equals $375 per month for 36 months for a total obligation of $13,490. Starting price is $11,995. Example price includes Delivery & Destination of $1,495. Example price excludes registration, insurance, licence fees and all applicable taxes. ◆¥◊Offers available for a limited time and subject to change or cancellation without notice. See dealer for complete details. Dealer may sell for less. Inventory is limited, dealer order may be required. ΩThe Hyundai Elantra received the lowest number of problems per 100 vehicles among compact cars in the proprietary J.D. Power and Associates 2009 U.S. Initial Quality StudySM. Study based on responses from 80,930 U.S. new-vehicle owners, measuring 245 models and measures opinions after 90 days of ownership. Proprietary study results are based on experiences and perceptions of owners surveyed in February-May 2009. Your experiences may vary. Visit jdpower.com. †Fuel economy comparison based on combined fuel consumption rating for the 2010 Sonata GL auto (8.02L/100km) and 2009 EnerGuide combined fuel consumption ratings for the full size vehicle class. Fuel Consumption for 2010 Sonata GL automatic (HWY 6.2L/100km, 46 mpg; CITY 9.5L/100km, 30 mpg) is based on manufacturer testing. Actual fuel consumption may vary based on driving conditions and the addition of certain vehicle accessories. ‡If you turn in a 1995 model year or older vehicle that is in running condition and has been registered and properly insured for the last 6 months (12 months in B.C.), the Government will provide you with an incentive as part of their Retire Your Ride program. Upon presentation of proof from the Government (acceptable to Hyundai) that your old vehicle qualifies for its program, Hyundai Auto Canada will provide additional Clean Air Cash that must be applied to the purchase of a new Hyundai vehicle in the amount of $500/$500/$500/$500/$500/$1,000/$1,000/$1,000/$500/$500/$1,000/$500/$1,000 (2009 Accent/2009 Elantra sedan/2009 Elantra Touring/2009 Sonata/2009 Tucson/2009 Santa Fe/2009 Genesis Sedan/2009 Veracruz/2009 Azera/2010 Accent/2010 Elantra sedan/2010 Elantra Touring/2010 Genesis Coupe/2010 Sonata/2010 Veracruz). Clean Air Cash will be applied to reduce the after-tax purchase price of your new Hyundai vehicle. By participating in this program you will not be eligible for any trade-in value for your old vehicle. For more information about the Retire Your Ride Program visit www.retireyourride.ca (for residents of B.C. visit www.scrapit.ca). Some conditions apply, see dealer for details. ΔSee your dealer for eligible vehicles and full details of the Graduate Rebate Program. ††Hyundai's Comprehensive Limited Warranty coverage covers most vehicle components against defects in workmanship under normal use and maintenance conditions.